



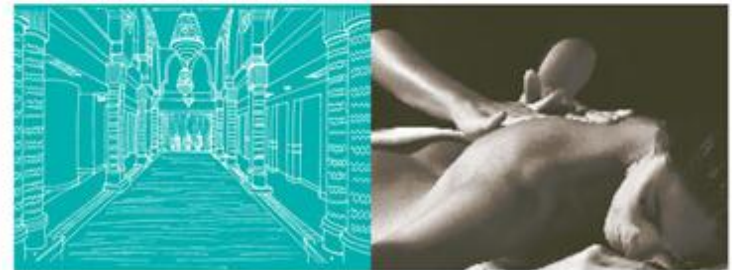
So | SPAMENU
SOFITEL

FUSION DES TRADITIONS
ANCESTRALES &
DE LA COSMÉTOLOGIE
FRANÇAISE.

A self indulging experience flared with the ancient secrets of beauty at So SPA. A specially designed selection of treatments, leveraged with a sensitive blend of traditional recipes and modern artistic application, creates a total spiritual and physical rejuvenation. Travelers and serenity seekers throughout history have pinpointed this particular part of the world as one of the finest destinations for explicit meditation whilst watching the magical sunset.

Powered and operated by Sofitel Aswan Old Cataract, So Spa is inspired by its crowning location in the heart of the Nile, where all essential minerals and life merits are combined together to base a culture and heritage knowledge of well-being and beauty enhancement therapies. So Spa simply pastes its visitors into an era of the pharonic arts of creating beauty queens and gods.

Delve into a formidable gallery of fragrances, precious oils, traditional herbal balms and flower mists, which will enliven your senses while each hour of the day providing a unique and memorable immersion in the land of Kouch.



Opening hours

Treatments available from 9am to 9pm

- (B) Body treatment
- (F) Facial treatment

A La Carte

Signature Treatments

60 minutes -950 EGP

So Rejuvenating (F)

A luxurious blend of products combined harmoniously with the latest French skincare techniques , helping to restore a youthful complexion.

So Exhilarating (B)

An euphoric and soothing body massage, using signature techniques that will shape and tone your silhouette.

Starters

Aromatic body scrub (B)

30 minutes -650 EGP

Delight yourself with our scrubs specially designed to smoothen your skin.

Private Jacuzzi (B)

30 minutes -650 EGP

An utter relaxation in private Jacuzzi by yourself or with your dear one. We recommend you to have a massage after the Jacuzzi experience to complete the circle of well being.

Nubian rain shower (B)

30 minutes-650 EGP

Massage under our special Vichy shower .

Hammam Ritual (B)

45 minutes -700 EGP

Purifying and cleansing the skin with traditional black soap, followed by steam and invigorating loofa scrub.

Mains

60,90 minutes

950/1300 EGP

Nubian massage (B)

Deep tissue massage to relieve tension and improve circulation.

Relaxing massage (B)

Personalized massage according to your needs.

Balinese massage (B)

Restore your vitality and pamper your body with our traditional Balinese massage .

Traditional Thai massage (B)

Both relaxing and energizing, this massage without oil is using yoga-like stretches and pressure points for better flexibility and deep relaxation.

Oriental massage with “4 teas balm” (B)

Let your body and soul relax with this gentle massage using deep , enveloping movements. Recommended after hammam ritual.

Hot stones massage (B)

90 minutes

Using heated volcanic stones to overcome stress and bring deep sense of relaxation.

Radiance Ceremony (F)

60 minutes

Classic facial, using the “Complexe des 4 Thés® ”
leaving your skin oxygenated and purified.

Facial for men (F)

60 minutes

The skin is left relaxed, purified and intensely
moisturized.

Deserts

30 minutes-650 EGP

DestressExpress (B)

A must have for overstressed people, a short
and effective de-stress massage session,

focused on your back and shoulders.

Feet reflexology (B)

Pure moments of wellness. Your
feet will thank you!

Express radiance (F)

A revitalizing and relaxing facial treatment,
ideal for pampering, giving the face a touch of
radiance and freshness.

SPECIALS

Nubian experience

120minutes-1600 EGP

Enjoy a complete ritual that includes body scrub with black soap, loofa, body clay mask and our famous Nubian massage.

Cataract after sun treatment

90 minutes-1300 EGP

Cooling your body with yoghurt ,honey and mint mask, then moisturizing with a soothing massage.

Cataract bliss

90 minutes-1300 EGP

Unwind with this unique treatment combining back massage, a facial and feet massage during the mask.

Oriental experience

90 minutes -1300 EGP

Immerge yourself into O'Furo bath then complete your experience with a traditional Thai massage.

So Cataract

120 minutes-1600 EGP

Start your experience by O'Furo bath followed by Cataract Bliss.

Magnifique manicure and Magnifique pedicure

Manicure

60 minutes 350 EGP

Enjoy our So Spa manicure that includes hands scrub and massage in addition to making your nails beautiful.

Pedicure

60 minutes 400 EGP

Pamper your feet with our pedicure that includes feet scrub and massage.

Add an extra half hour for nail polish 150 EGP

Waxing

Full arm	250 EGP	Full leg	300 EGP
Half arm	150 EGP	Half leg	200 EGP
Underarm/Eyebrows/Upper lips 100 EGP			
Bikini line	150 EGP	Full bikini	300EGP

Cataract couples

90 minutes -2000 EGP

Cataract Jacuzzi followed by massage of your choice in our exclusive couple room.

So Mini Me Cataract

From 7 to 15 years old, to be experienced with mother or father

60 minutes -950 EGP

Enjoy a Jacuzzi together followed by 30 minutes facial or back massage.

Arrival at So Spa

We encourage you to arrive at So Spa 20 minutes before your scheduled treatment.

A private locker is provided for your personal belongings and you will be supplied with dressing gown, towels and slippers. Arriving late for your appointment may limit your time, reducing the full benefit of the treatment. Treatments will end on time to prevent any inconvenience to the next guest.

So Spa information

For a 30min,1h,1h30 and 2h session, effective treatments duration are 20min,50min,80min,110min.

Reservation

Bookings made by hotel guests directly with So Spa are guaranteed by the signing of a reservation card. Bookings made by external guests directly with So Spa may be secured by a credit card or cash payment.

Cancellation Policy

Cancellation is free of charge if made 24-hours before the treatment, except for hotel guests who have until 4 hours before the treatment.

Otherwise full cost of treatment will be applied.

Special consideration

So Spa offers each guest the chance to relax as we ask that you turn your mobiles to silent mode upon entering the spa premises.

Our treatment are focused on well-being and relaxation, non therapeutic and non medical.

Smoking and consumption of alcohol inside the spa is strictly prohibited.

Alcohol consumption is not recommended prior to any spa treatment and facilities.