

6

IN-ROOM DINING MENU

Breakfast

FROM 6:00 AM - 11:00 AM

CONTINENTAL BREAKFAST (24) 8.500

Baker's basket of home baked viennoiseries and French bread.
French butter, gourmet preserves & honey, plus your selection of below

HOT DRINKS

TEA

English Breakfast Tea

Earl Grey

Jasmine Green Tea

Camomille

Verveine

SERVED WITH

Lemon

Honey

Hot or Cold Milk

COFFEE

French Coffee Press

Decaffeinated

SERVED WITH

Cold milk

Hot milk

FRESH SQUEEZED JUICE

Orange

Grapefruit

SEASONAL SLICED FRUITS

CHOCOLATE

Hot or Cold Chocolate

AMERICAN BREAKFAST (24) 11.500

Continental breakfast plus your choice of the following, Choice of cereal with low fat, soya or full cream milk, Two fresh organic brown eggs any style - fried, scrambled, poached, boiled, Turkey or beef bacon, chicken or veal sausages, Hash brown or sautéed baby potatoes Lyonnaise, cherry tomatoes

KHALEEJI BREAKFAST (24) 12.000

Labneh, haloumi, feta cheese, marinated olives & omelette, Foul medammes, hommous, Arabic bread & toast, Choice of fresh juices, Laban, Tea or Coffee

All prices in Bahraini Dinars and subject to 10% government levy.



De-light



Healthy Low Calorie Option

(V) Vegetarian

(P) Contains Pork

(N) Contains Nuts

(24) Available 24 hrs.



**SPA ENERGIZER BREAKFAST  633 kcal 11.000**

Choice of fresh squeezed juices, mixed berry smoothie
Egg White Frittata green asparagus and mushroom, tomato, olives,
Medjool Dates, Organic muesli or bircher muesli, natural yoghurt,
Sliced seasonal fruit, Whole grain toast, Ricotta cheese, fresh
honey, Herbal tea

CHAMPAGNE BREAKFAST (FOR 2) 110.000

American breakfast plus:
½ Bottle of champagne, Fresh strawberries

CHILDREN'S BREAKFAST 8.000

Fresh cut fruits, fruit yoghurt, breakfast cereal, boiled egg, Waffles
& chocolate sauce, Hot or cold chocolate drink

A La Carte Breakfast (24)**FRENCH BAKERY BASKET 3.400**

Butter croissant, breakfast pastries, muffin, bread rolls, baguette
and white or wholemeal toast

SEASONAL FRUITS  120 kcal 4.500**MARKET BERRIES  37 kcal 8.400**

Selection of berries in season and natural low fat yoghurt

CEREALS AND YOGHURTS**Choice of organic muesli with soya or low fat milk  312 kcal 3.200**

Choice of cornflakes, choco pops, rice krispies, all bran flakes
with soya, low fat or full cream milk 2.900

Home made organic bircher muesli with apples, strawberries and
almonds, low fat natural yoghurt  138 kcal 3.200

Hot organic oatmeal with muscovado and fresh berries  118 kcal 3.200

Low fat natural or fruit yoghurt  122 kcal 2.300

Organic Wheat Bran 120 kcal or Organic Spelt Flakes 82 kcal  8.000

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CHEESE PLATTER (N) (24) 6.900

Selection of international cheeses with nuts, dry fruits, assorted crackers, grissini Fig jam

Haloumi cheese 3.500

Labneh with tomatoes, cucumbers & olives 🍏 242 kcal 3.800

DELICATESSENS PLATTER 4.400

Turkey ham, Veal ham, Chicken mortadella, and beef pastrami, Bresaola, Gherkins, Silver onion

Stack of buttermilk pancakes with blueberries maple syrup and whipped cream 4.000

Belgian waffles with chocolate sauce or maple syrup 4.000

Shakshuka with scrambled egg with tomatoes, onions, pepper, Arabic spices, Arabic bread 4.600

TWO FRESH ORGANIC BROWN EGGS 4.800

PREPARE AS YOU LIKE IT;

Sunny side up	Boiled egg
Fried egg	Scrambled egg
Poach egg	Crispy cube potatoes and cherry tomatoes

ORGANIC BROWN WHOLE EGG 5.200

OR EGG WHITE FRITTATA

Green asparagus and mushrooms, tomatoes, olives

Organic brown egg Scrambled smoked salmon and chives 5.800

Egg Benedict with Poached organic brown eggs with fresh spinach, turkey ham or smoked salmon on English muffin glazed with hollandaise sauce 5.400

SIDE DISH 2.800

Grilled veal or chicken sausages	Foul Medammes
Turkey or beef bacon	Hash brown potatoes
Sautéed mushrooms	

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**A LA CARTE BEVERAGE (24)****FRESH JUICES 2.900**

Orange, Grapefruit, Watermelon, Pineapple, Green Apple, Carrot

MILK & LABAN 2.200- Glass of Soya milk, low fat milk or full cream milk
- Laban traditional salted yoghurt drink**FRESH FRUIT YOGHURT SMOOTHIES  108 kcal 2.900**- Mixed berry
- Banana and honey
- Mango**STARTERS****FROM 11:00 AM - 11:00 PM****NORWEGIAN SALMON TARTAR  145 Kcal 7.400**

With chives cream

NEW AGE TUNA NICOISE 7.800Green Beans, Saffron Poached Potatoes, Olive Puree, Quail Eggs,
Semi Dried Tomatoes**SEAFOOD SALAD 8.200**Grilled mixed seafood, cherry tomatoes, olives, caper, roasted
zucchini, lettuce, balsamic dressing**SEAFOOD TEMPURA (24) 8.800**

Sweet chili aioli Wasabi Mayo

IRD CAESAR SALAD (24) 7.300Romaine Lettuce, Soft Poached egg, Sundried Tomatoes, Black
Olives, Parmesan Flakes, Choice of Cajun Chicken Breast, Gulf Bay
Prawns or Smoked Salmon**ROCCA SALAD (N) (24) 6.800**Pistachio and Pumpkin seed crusted Goat cheese, Black Grapes,
Pears, Roasted Garlic, Cranberries, Grapeseed vinaigrette

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STEAMED WHITE ASPARAGUS  90 KCAL	8.600
Mousseline Sauce	
WATER MELON AND FETA CHEESE (N) (V)	6.800
Chilled Watermelon, Feta Crumbles, Rocket Leaves, Toasted Almond Slivers, Balsamic Dressing	
THAI BEEF SALAD	7.800
Wagyu Beef, Thai Celery, Tomatoes, White Onion, Coriander, Nahm Jihm Dressing	

SOUPS

FROM 11:00 AM - 11:00 PM

LENTIL SOUP (24)	4.500
Red lentil soup enhanced with toasted almonds, sumac dust.	
SHELL FISH TOMATO BROTH	8.200
Poached seafood, rich tomato broth, angel hair vegetables, garlic crostini	
WILD MUSHROOM SOUP (24)	5.800
Mascarpone cream, chive's, porcini powder	
DOUBLE BOILED CHICKEN CONSOMMÉ	5.800
Confetti of vegetables, ravioli of its own	

SANDWICHES & BURGERS

FROM 11:00 AM - 11:00 PM

IRD CLUB SANDWICH

CHOICE OF WHITE AND BROWN BREAD	8.800
Turkey bacon, Smoked turkey, Arabic inspired sumac omelette, tomatoes, cheddar cheese	
CHICKEN AND BRIE (24)	7.800
Blackened chicken caramelized onions, Brie cheese, rocket leaves	

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**THE IRD BURGER (24) 9.500**

7oz grilled Wagyu tenderloin on sesame seed bun with caramelized onion fritter, tomatoes and pickles

(Add your choices of cheese: Swiss or cheddar)

MULTIGRAIN FISH AND CHIPS 8.200

Multigrain bun with tomatoes, lettuce, tartar sauce, basil

CIABATTA A LA TOSCANA (V) 7.300

Focaccia bread with grilled eggplant, zucchini, bell pepper, tomatoes, mozzarella, basil and aioli

HEALTHY SANDWICH (N) (V) 7.300

Bio-Multigrain bread with ricotta, grilled asparagus, carrot, Rucola, sprouts and pine nuts

(All our Sandwiches are served with Fattoush, Mediterranean Chutney, and Shoestring Fries)

MAIN COURSE

FROM 11:00 AM - 11:00 PM

STEAMED FILLET OF SEABASS  225 Kcal 8.900
Caramelized honey and beetroot sauce

STEAMED FILLET OF COD FISH  160 KCAL 13.700
Saffron and Herbs Bouillon

ROAST AUSTRALIAN RACK OF LAMB  340 KCAL 13.600
Green peas cream

MULWARRA VEAL STEAK  300 KCAL 11.800
Coated in mustard and fresh herbs, fried onion oven baked

PAN ROASTED CHICKEN BREAST (24) 9.200
Mushroom fricassée, vitelotte potatoes, lemon jus

BLACK CARDAMOM CRUSTED BLACK ANGUS SIRLOIN 19.000
Light truffle potato fondue, pok choy, tomato lime salsa, stuffed mushrooms

ROASTED MULWARRA LAMB RACK 16.000
Tahini infused organic quinoa, tomatoes, and anise jus

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PAN SEARED HAMMOUR	13.000
Jerusalem artichoke purée, wilted pok choy, spring onions, soy ginger emulsion	
CRISPY SKIN NORWEGIAN SALMON	9.800
Lemon grass risotto, slow roasted tomatoes, asparagus spears	
GRILLED GULF PRAWN	9.800
Rocca salad, garlic parsley butter, semi dried cherry tomatoes	
BUTTER CHICKEN (N)	8.800
Tender morsels of chicken leg cooked with tomato butter and fenugreek. Served with Basmathi Rice	

LOCAL FAVOURITES



FROM 11:00 AM - 11:00 PM

MEZZEH (24) (N)	8.500
Hommous, tabouleh, moutabel, muhamarra, fried kibbeh and makhanik served with arabic bread	
MACHBOUS (24) (N)	10.400
Prawns, chicken or hammour masala with local spices and dried lemon flavoured rice	
HAMMOUR NASHIF	10.400
Grilled fillet of hammour fish with lightly spiced tomatoes and onion sauce	
MASHAWI MOUSHAKALA (24)	12.800
Mixed grill of shish taouk, lamb chops, kofta and kebab	
LAMB BIRYANI (N)	10.400
Lamb cubes marinated with Local spice, saffron rice, and cucumber Raita	

FROM THE CHARCOAL GRILL

BLACK ANGUS BEEF	
Tenderloin 250gr	14.800
Sirloin 300gr	14.800
Rib-eye 300gr	12.800

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PIZZA & PASTA

FROM 11:00 AM - 11:00 PM

BUFALINA (V) 7.200

Fresh tomato, buffalo mozzarella, oregano and rucola

MARGHERITA (V) 6.800

The traditional pizza with tomato, oregano and mozzarella

FRUTTI DI MARE 7.100

Tomato, oregano and assorted seafood

DIAVOLA 7.100

Tomato, pepperoni, oregano and mozzarella

PROSCIUTTO E FUNGHI (P) 7.500

Tomato, mushrooms, oregano and ham

FORMAGGI E NOCI (V/ N) 7.100

Mozzarella, four kinds of cheeses and walnuts

TAGLIATELLE CARBONARA 7.000

Tagliatelle "a la carbonara" with crispy beef bacon

A SELECTION OF PASTA AND SAUCES ARE ALSO AVAILABLE (24) 6.800

Spaghetti, penne, Farfalle, Linguini, Choice your sauces: Tomato, Alfredo, Bolognese, and Pesto, Choice you're Condiments: Black olives, green olives, coloured pepper, zucchini and eggplant

VEGETARIAN

FROM 11:00 AM - 11:00 PM

INDIAN VEGETARIAN PLATTER 9.300

Dhal makani, Aloo mutter, Palak paneer, with Pickle, pappad and basmati rice

PAD THAI 6.800

Flat Thai Noodles, Tamarind Sauce topped with fried egg, Crushed Peanuts

PANEER BUTTER MASALA (N) 6.800

Cottage cheese cooked with tomato, butter and fenugreek, served with Basmati rice

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GNOCCHI 7.700
Wild mushroom, mascarpone, roquette

RISOTTO 7.700
Arborio rice cooked with Zucchini, Green peas and Saffron

SIDE DISHES

(Served with Main Course)

MASH POTATOES (V) 2.800

CREAMY SPINACH (V) 2.800

FRENCH FRIES (V) 2.800

GREEN ASPARAGUS (V) 3.700

STEAMED ORGANIC VEGETABLES (V) 3.200

GARDEN SALAD (V) 2.800

DESSERT

FROM 11:00 AM - 11:00 PM

WARM VALRHONA CHOCOLATE FONDANT 4.500
Orange blossom ice cream, basil crumble

SALTED CARAMEL APPLE FEUILLANTINE 4.500
Crispy puff pastry, tonka vanilla ice cream

NEW YORK BAKED CHEESE CAKE (N) 4.500
Rose water raspberry compote, pistachio chantilly

ILE FLLOTTANTE (N) 4.500
Airy meringue with date confiture, silky honey anglaise,
cardamom tuille

FRENCH PATISSERIE PLATE (24) 3.900
Selection of 3 small cake of the day

UMM ALI (N) 3.800
Warm pudding of puff pastry, nuts raisins & cream

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ICE CREAM (PER SCOOP) 3.500
Selection of homemade ice creams
Please ask your server for today's flavors

TROPICAL FRUIT PLATE  (24) 120 KCAL 4.500
Seasonal selection of sliced tropical fruit & berries

VANILLA PANACOTTA  140 KCAL 4.200

CHILDREN'S MENU

FROM 11:00 AM - 11:00 PM

SPIDERMAN'S WEB 3.000
Spaghetti covered with meat sauce & sprinkled with parmesan cheese

FOREST SOUP 2.800
Mushroom soup with pasta

CHICKEN FILETEX 4.800
Deep fried breaded chicken fillet served with french fries and tartar sauce

NEMO'S 4.800
Battered fish with french fries and salad

BAT BURGER 3.500
Beef burger with cheese, tomatoes and french fries

CRÊPES 3.200
Nutella, Chocolate, Praline, Fruits

36



ROOM DIRECTORY

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7

IN-ROOM DINING BEVERAGE MENU

SELECTION OF STILL MINERAL WATER

Evian, France 33cl	2.100
Evian, France 75cl	2.700
Aquapanna, Italy 50cl	2.100
Aquapanna, Italy 1L	2.900
Voss, Norway 37.5cl	2.900
Voss, Norway 80cl	4.100

SELECTION OF SPARKLING MINERAL WATER

Badoit, France 33cl	2.100
Badoit, France 75cl	2.900
Perrier, France 33cl	2.100
Perrier, France 75cl	2.900
San Pellegrino, France 25cl	2.100
San Pellegrino, France 75cl	2.900

SELECTION OF FRESH JUICES

Orange, pink grapefruit, green apple, water melon, lemon, carrot, banana	2.900
Strawberry, kiwi, mango, sweet melon, mixed fruit cocktail	3.400
Detox juice	3.400

SOFT DRINKS

Mirinda, 7 Up, Diet 7 Up	2.200
Pepsi, Diet Pepsi	2.200
Soda, Ginger Ale, Tonic	2.200
Energy Drink	3.500





NESPRESSO FINEST COFFEE

Please choose from the below your coffee selection*

Café macchiato	3.600
Cappuccino	3.600
Double espresso	3.600
Espresso	2.800

COFFEE

Individual French coffee press / decaffeinated	2.800
Turkish coffee	2.800

CAFE LATTE

Caramel latte	3.600
Cinnamon latte	3.600
Hazelnut latte	3.600
Latte	3.600
Mocha latte	3.600

Irish coffee (A)	4.500
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DAMMAN TEA SELECTION

HERBAL

CAMOMILLE	3.500
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The infusion carries notes of citron and a light bitterness, akin to that of chicory giving a long lasting experience

JASMINE	3.800
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This green tea with Jasmine from China unveils delicate liquor, very flowery, a marvel to accompany the great Chinese cuisine

VERVEINE	3.800
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A classic French mild tea that produces a golden green cup with notes of lemon and flowers



BLACK

EARL GREY 2.800

A high quality (Keemun) dotted with white tips and sublimated by an essential oil of bergamot from Calabria

BREAKFAST 2.800

This blend combines tea from Ceylon, Darjeeling and Assam with a cloud of mild. It is perfect to start the day

JARDIN BLEU 2.800

A blend consists of non-smoked teas from China and Ceylon, scattered petals of Helianthus and corn flowers

GREEN

GUNPOWDER 2.800

To the Westerners or more poetically 'tea pearls' for the Chinese is associated with mint tea preparations in Maghreb

THE A LA MENTHE 2.800

This is unfermented rolled leaf green tea is added to Moroccan 'Nanah' spearmint. The African desert tea is drunk steaming hot with plenty of sugar.

ICE TEA

Lemon tea 2.800

Moroccan ice tea 2.800

Peach tea 2.800

CHOCOLATE

Frappe berry chocolate 2.900

Frappe caramel chocolate 2.900

Hot milky or strong chocolate 2.900

Iced milky or strong chocolate 2.900

SELECTION OF BOTTLE BEER

Carlsberg, Denmark 4.300

Foster's, Australia 4.300

Singha, Thailand 4.300

Amstel Light, Holland 4.500

Budweiser, USA 4.700

Corona, México 4.700

DAB Diet Pils, Germany 4.700

Heineken, Holland 4.700

Kronenbourg, France 4.700



Peroni, Italy	4.700
Stella Artois, Belgium	4.700
Tiger, Singapore	4.700
Tsingtao, China	4.700
Sapporo, Japan	5.200
Asahi, Japan	5.700
Guinness, Ireland (Can)	6.800
Paulaner, Germany	7.800

Moussy (Non Alcoholic)	3.500
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FLAVOURED ALCOHOLIC BEVERAGE

Savanna	4.700
Smirnoff Ice	5.200
Magners	6.000

APERITIFS

Arak Al Laytani	3.200
Arak Ksarak	3.200
Arak Touma	3.200
Campari	3.200
Martini Bianco, Rosso and Dry	3.200
Pernod	3.200
Pimm's	3.200
Ricard	3.200
Absinth	5.200



SPIRITS

VODKA

	Glass (15 cl)	Bottle (75 cl)
Flavoured Absolut	4.200	90.000
Smirnoff Red	4.200	80.000
Flavoured Grey Goose	7.400	160.000
Belvedere	7.600	165.000

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Beefeater	4.300	85.000
Bombay Sapphire	4.300	85.000
Hendrick's	4.300	85.000
Tanqueray	4.300	85.000

RUM

Bacardi Gold	4.200	85.000
Bacardi White	4.200	85.000
Captain Morgan Dark	4.200	85.000
Captain Morgan Spiced	4.200	85.000
Havana Club 3 Años	4.200	85.000
Havana Club 7 Años	4.200	85.000

TEQUILA

Tequila José Cuervo White	4.200	85.000
Tequila José Cuervo Reposado	4.200	85.000
Patrón Reposado	7.400	170.000
Patrón Silver	7.400	170.000





WHISKY

IRISH WHISKY

	Glass (15cl)	Bottle (75cl)
Jameson	4.500	85.000

SCOTCH

Johnnie Walker Red Label	4.200	90.000
Chivas Regal 12 years	6.200	125.600
Chivas Regal 18 years	11.000	215.000
Chivas Regal 21 years	21.000	380.000
Chivas Regal 25 years	35.000	750.000
Johnnie Walker Black Label	6.500	125.000
Johnnie Walker Green Label	7.200	145.000
Johnnie Walker Double Black	7.200	145.000
Johnnie Walker Gold Label	8.500	160.000
Johnnie Walker Blue Label	28.000	610.000

SINGLE MALT

Glenfiddich 12 years	5.200	120.000
Macallan 12 years	8.500	125.000

BOURBON AND TENNESSEE

Jim Beam 8 years	4.200	90.000
Jack Daniel's	4.800	90.000

COGNACS

Courvoisier V.S.O.P.	6.700	145.000
Hennessy V.S.O.P.	7.200	160.000
Remy Martin X.O.	21.000	465.000
Hennessy X.O.	21.000	465.000



DIGESTIVES

	Glass (15cl)
Grappa	3.800
Jägermeister	3.800
Sambuca	3.800
Cointreau	4.000
Grand Marnier	4.200

LIQUEURS

Amaretto Disaronno	3.800
Bailey's Irish Cream	3.800
Bailey's Caramel	3.800
Blue Curaçao	3.800
Cherry Brandy	3.800
Kahlúa	3.800
Kirsch	3.800
Hipnotiq	3.800
Limoncello	3.800
Malibu	3.800
Mandarin	3.800
Tia Maria	3.800
Peach Schnapps	3.800
Southern Comfort	3.800
Drambuie	4.000
Patrón X.O.	5.800

PORT AND SHERRY

Graham's LBV	3.800
Graham's Ruby	3.800
Tio Pepé	3.800





WINES BY THE GLASS

CHAMPAGNE AND SPARKLING WINE

	Glass (15cl)	Bottle (75cl)
MOËT & CHANDON BRUT Chardonnay, Champagne, France	22.000	110.000
VEUVE CLICQUOT PONSARDIN Champagne, France	24.000	120.000
SANTERO BRUT Piemonte, Italy	6.000	30.000
JACOB'S CREEK ROSÉ Barossa Valley, Australia	6.400	32.000

WHITE WINE

T'AIR DOC Sauvignon Blanc, Languedoc, France	4.000	20.000
FINCA FLICHMAN Chardonnay, Mendoza, Argentina	5.400	27.000
VILLA GIRARDI Pinot Grigio, Veneto, Italy	8.200	41.000

ROSÉ WINE

CHÂTEAU DE BEAUPRÉ Grenache, Provence, France	9.200	46.000
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RED WINE

T'AIR DOC Syrah, Languedoc, France	4.000	20.000
QUARA Malbec ,Valle de Cafayate, Argentina	5.800	29.000
SELVAPIANA Sangiovese, Veneto, Italy	9.800	48.000

DESSERT WINE

CALVET Sauvignon Blanc, Sauternes, France	9.400	47.000
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KINDLY ASK FOR OUR COMPLETE WINE MENU FOR MORE SELECTION



ENJOY OUR PACKAGES

PARISIEN HIGH TEA (Available from 4pm - 6pm) Selection of tea sandwiches, macarons, éclairs, mille-feuille and selection of mini tarts. Choice of premium Damman tea.	15.000
VIN ET FROMAGE Selection of cheese platter with wine flight (including one white, rose and red wine)	30.000
BEER FEST Choose 5 beers (from our beer selection) with one Angus beef burger and enjoy a selection of dry snacks and marinated olives	30.000
LIVE THE ROMANCE Enjoy a bottle of Champagne Moët & Chandon Brut and choose two desserts from the menu and served with a fruit plate	140.000

