



So | SPAMENU  
SOFITEL

REJUVENATING  
TRADITIONS FROM  
AROUND THE WORLD WITH  
FRENCH COSMETOLOGY

Worldwide ancient traditions meet the refinement and skills of the latest in French cosmetology to create SoSPA: an exhilarating and rejuvenating experience.

Awake your senses and feel re-energized with a selection of health and beauty treatments. Explore a new kind of spa experience with a wide range of poetic and surprising treatments following the forces of earth and inspiration of the Mystical Thai forest.

Discover all the ingredients to sublime your natural glow and make the stresses and strains of daily life fade away with our menu inspired by gastronomy.

SoSPA SO Sofitel Bangkok invites you to experience exclusive treatments in our seven SoSPA treatment rooms and three So Suite Spa rooms combining contemporary Thai mystical forest thematic with French touch for an unforgettable moment of Well-being and Beauty.

Discover the benefits of Hammam traditions to complete your journey and achieve complete rejuvenation for your body and soul.

**Cinq Mondes** expresses French refinement and beauty expertise while **Ytsara** combines the most of beauty Asian traditions with ultimate refinement.



**SoSPA welcomes you from 10:00am to 10:00pm everyday**

ⓕ Facial

ⓑ Body



# À LA CARTE

## SIGNATURE TREATMENTS

60 to 90 minutes

Price from 2,950 to 4,000 THB

### **So Exhilarating Body Massage** (B)

60 minutes THB 2,950

An euphoric and soothing Body Massage combines a rocking and tasteful experience that will shape and tone up your silhouette.

### **So Rejuvenating Facial** (F)

60 minutes THB 3,200

This refreshing and tasteful facial care harmoniously combines the benefits of honey and cucumber with the best of French beauty technique to revitalize and bring back youth to your skin.

### **Serenity of Five Elements** (B)

90 minutes THB 4,000

Feel vital energy flowing back to your whole body. Deep vibrations are spread into meridians and muscles to free stuck energy. Herbal compresses and oils are massaged onto your body for a complete stress relief.

All prices are quoted in Thai Baht and inclusive of 10% Service Charge and 7% VAT

## STARTERS

30 minutes  
Price from 900 to 1,700 THB

### Aromatic Hammam (B)

30 minutes THB 900

Relaxation in an aromatic steam bath, to favor the relaxation of the body and spirit. An ideal preparation before a treatment or massage.

### Marine Wave Bath Ritual (B)

30 minutes THB 900

Invigorating or Soothing bath rituals providing a delicious and softening prelude that leaves the skin - and the mind - truly receptive to the benefits of following treatments.

### Beldi Black Soap Scrub (B)

30 minutes THB 1,700

Discover this body purification process inherited from the oriental Hammam tradition. The Moroccan Beldi black soap is an ancient recipe that deeply exfoliates while satisfying skin hunger for silkiness once applied with an authentic Kassa Mitt.

### Fleur de riz Body Scrub (B)

30 minutes THB 1,500

Forget all your worries and savour the moment with a purifying exfoliation to remove impurities and leave your skin moisturized and baby.

### Papaya Radiance Scrub (B)

30 minutes THB 1,700

A delicate yet effective body polishing practice born of a Siamese ritual with an unctuous and finely grained "papaya purée" of an inviting dark tangerine color. Deliciously perfumed, skin is buffed to perfection to unveil the most superb radiance.

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### Spice Body Scrub (B)

30 minutes THB 1,700

Delight yourself in an ancestral ritual, inspired by a deeply rooted custom of body renewal from Java. With a fascinating earthy scent and a brilliant refining recipe featuring spices and sea salts, you'll awaken to a satin smooth skin and a stimulating sense of energy.

### Sublime Body Scrub (B)

30 minutes THB 1,700

A bliss-inducing ritual from the Polynesian Islands even for sensitive skin. This indigenous preparation of Monoï made of macerated Tiare blossoms, raw sugar, ground coconut powder and Noni fruit will regenerate skin and renew the spirit.

### Rassoul Cream Wrap (B)

30 minutes THB 1,700

A purifying and detoxifying wrap, using a therapeutic recipe of Moroccan Rhassoul Cream. This natural clay promotes visible toning, silkiness and global detox to the skin. You feel transported to the magic universe of the Hammam.

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## MAIN - BODY

60 to 90 minutes  
Price from 1,500 to 4,000 THB

### **Express Massage** (B) 30 minutes THB 1,500

A quick Thai style massage concentrate on head, shoulder and neck to help relieve the tension.

### **Indian Head Massage** (B) 30 minutes THB 1,500

A relaxing head massage with warm oil to clear your mind, relax and remove fatigue caused by mental stress.

### **Ayurvedic Jet Lag Massage** (B) 60 minutes THB 2,950 | 90 minutes THB 4,000

This hot oil tonifying massage, from the Indian tradition, relies on a combination of invigorating strokes. Enjoy the vanilla and cardamom fragrances of this treatment that helps to relieve muscles defining the tension area in order to restore energy and vitality.

### **Balinese Massage** (B) 60 minutes THB 2,950 | 90 minutes THB 4,000

Massage with « Tropical Nuts Melting Balm » very relaxing following a ritual from Bali with combines gentle Thai pulling and traditional smooth movements.

### **Moroccan Massage** (B) 60 minutes THB 2,950

A gentle hot oil massage that works on the entire body using delicately perfumed hot Argan oil. Following a tradition from North Africa.

### **Relaxing Foot Massage** (B) 60 minutes THB 2,500

An invigorating foot massage to improve overall energy balance and enhance well-being.

### **Shop Aholic Massage** (B) 60 minutes THB 2,500

An invigorating draining and circulation stimulating leg and foot massage following an Ayurvedic tradition to help regain lightness and vitality.

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### **Swedish Massage** (B)

60 minutes THB 2,950 | 90 minutes THB 4,000

A relaxing oil massage focusing on systematic manipulation of the soft tissue to promote good health using five techniques to include: effleurages, kneading, frictions, tapping and vibrations.

### **Thai Wisdom Massage** (B) 60 minutes THB 2,200 | 90 minutes THB 3,000

A famous marvelously none oil application massage combine the rhythms of firm acupuncture and muscular stretching for rebalancing your energies.

### **Coffee Cream Slimming Treatment** (B) 60 minutes THB 2,950

Following a Brazilian ritual, a slimming treatment with our slimming « Crème de Café® » which combines caffeine, well-known as the most powerful slimming ingredient, and a sculpting body massage completed with a draining and toning wrap with clay.

### **Udvertana Slimming Treatment** (B) 60 minutes THB 2,950

A thousand-year-old Indian slimming treatment with a draining and anti-cellulite action on the legs, abdomen and arms, preceded by a wrapping to detoxify the skin and optimize the performance of ginger and Lipocare®.

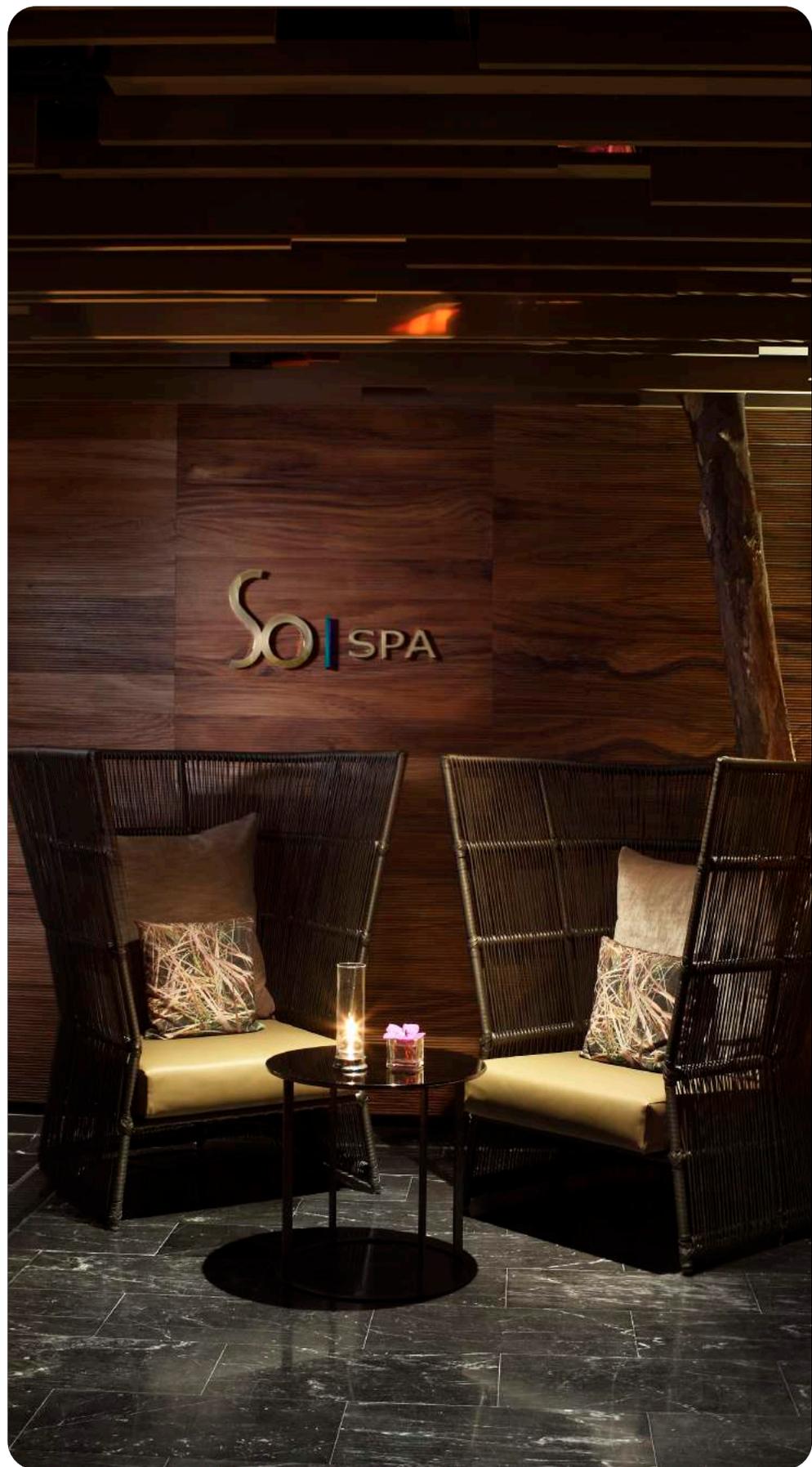
### **Sacred Fruit Soother** (B) 90 minutes THB 4,000

A deeply nourishing skin treatment combining red jasmine rice scrub to soften your skin to preparation for a unique coconut massage experience to nourish, soothe and condition your body.

### **Silence of the Forest** (B) 60 minutes THB 2,200

Release energy flow and balance energy in meridians with relaxing back massage and chakra balancing treatment.

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## MAIN - FACIAL

30 to 60 minutes  
Price from 1,700 to 4,500 THB

### Pure Light Mini Facial (F)

30 minutes THB 1,700

An « express radiance » couple with a face, nape of the neck and scalp massage according to a Bali Ritual - skin cleanliness well-being and beauty rolled into one.

### Bali Flowers and Fruits Facial (F)

60 minutes THB 3,200

Deep cleansing treatment, skin perfecter and “radiance booster” inspired by Balinese beauty rituals. Take full advantage of the benefits of the natural tropical flowers and natural AHA fruit acids active ingredients to restore purified and smoothed skin for a radiant complexion.

### Five Flowers Facial (F)

60 minutes THB 3,200

Based on an ancestral Balinese ritual, this treatment includes a purifying face cleansing and blends the extracts of five tropical flowers and a skin glowing patented ingredient, the Kombuchka®. A mesmerizing massage of the face, nape and shoulder muscles awakens skin vitality.

### Ko Bi Do Facial (F)

60 minutes THB 3,200 | 90 minutes THB 4,500

A luxury anti-wrinkle or anti-aging facial from the ancestral Japanese Ko Bi Do Ritual is associated with a unique anti-ageing active complex. Enjoy this holistic approach to lift and notify your facial contours and effectively renew smooth and plump lines on the face and neckline.

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## DESSERTS

30 to 90 minutes  
Price from 700 to 2,100 THB

### Manicure or Pedicure (B)

75 minutes THB 1,300

Pamper and refresh the tired hands or feet while giving them all the attention by soaking, scrub, moisturize then absolute finished by file and paint.

### Smooth as Silk (B)

30 to 90 minutes

Regain a clear and perfectly soft skin thank to this treatment combine skin preparation, waxing on the zone of your choice.

Eyebrow	THB 700	Lips	THB 700
Under Arms	THB 900	Full Arm	THB 1,400
Half Leg	THB 1,400	Full Legs	THB 1,700
Bikini Line	THB 1,400	Brazilian	THB 2,100
Chest	THB 2,100	Whole Back	THB 2,100

## MALE ON THE GO

60 to 90 minutes  
Price from 2,500 to 4,000 THB

### Hipster Men Facial (F)

60 minutes THB 3,200

An absolute men's facial treatment ideals for impurities for a cleaner, fresher skin while offering optimal moisture and protection. Skin is healthy looking and comfortable even on-the-go.

### Keyboard Mania Massage (B)

60 minutes THB 2,500

A healing, rejuvenating and thoroughly stimulating experience action on the upper part of the body- back, shoulders, neck and feet combined with the use of aromatherapy massage oil.

### Sport Massage (B)

60 minutes THB 2,950 | 90 minutes THB 4,000

Deep tissue aromatherapy massages using Asian technique action on deepest layer of muscle and connective tissue. It is especially helpful for tension relieves and contracted area such as stiff neck, lower back tightness and sore shoulders.

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# MENU SUGGESTIONS

### Duo (F) (B)

120 minutes THB 9,900 for 2 persons

Enjoy a romantic moment in a private couple treatment room for your "his and her" spa journey.

#### For Her

So Exhilarating Massage and Ko Bi Do Facial Treatment

#### For Him

So Exhilarating Massage and Hipster Men Facial

### Recipe from the sacred Forest (B)

150 minutes THB 5,900

Begin your journey with a soothing head and scalp treatment before receiving a red rice body scrub and a virgin coconut oil massage.

Head Massage • Hair Treatment • Red Jasmine Rice Body Scrub •  
Coconut Body Massage

### So Hammam (B)

150 minutes THB 5,900

The ultimate experience combining detoxifying hot steam followed by a body scrub performed with Kassa glove, a brightening black soap scrub and a soothing detox body wrap and a Moroccan Massage.

Aromatic Hammam • Beldi Black Soap Scrub • Detox Body Wrap •  
Moroccan Massage

### So Well (F) (B)

120 minutes THB 5,300

This ritual combines two of our most successful treatment to provide you an ultimate memory. Begin with So Exhilarating body massage to soothe your body and mind, following by a rejuvenating facial for a smooth and radiance complexion.

So Exhilarating Body Massage • So Rejuvenating Facial

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## PLEASE TAKE A MOMENT TO READ THIS

### Gift Voucher

A perfect gift for any occasion. Enjoy SoSPA treatment from an hour to an entire day of pampering experience.

For more information, please contact our SoSPA

### Advanced Booking and Reservations

We encourage our guests to schedule their appointments in advance, to ensure your preferred treatment or appointment time is available. Bookings that are made on the day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a major credit card and telephone number. To schedule your appointment(s), please call SoSPA at +66 2624 0014 or email at H6835-TH2@SOFITEL.COM

Changes in relation to treatments and times are possible without penalties being charged depending on availability.

### Arrival at SoSPA

We encourage you to arrive at SoSPA 15 minutes before your scheduled treatment. You will be able to enjoy the relaxation area afterwards. You will be supplied with dressing gowns, towels and slippers in a private changing area being provided in your spa treatment room for your personal belongings.

### Lateness and Cancellation Policy

We value your business and appreciate your cooperation with our cancellation policy. A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Cancellation with less than 4-hour notice will incur a 50% penalty charge. A "no show" will be charged at the full value of the scheduled treatment.

\*Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied. We regret that late arrivals will not receive extension of the scheduled appointments.

### SoSPA Ethics

- For the courtesy of our guests, all mobile phones and electronic devices should be switched off / in silent mode within the spa premises.
- For the comfort and privacy of other spa guests, photography is strictly not allowed and noise levels should be kept to a minimum.
- Consumption of alcohol inside the spa premises is strictly prohibited. Alcohol consumption is not recommended prior to any spa treatment.
- SoSPA is a non-smoking environment.

\*We remind to our guests that services provided in our SoSPA are strictly professional. Any unusual behavior towards our staff will automatically result in ending the treatment and be handled by the SoSPA and Hotel Direction. Full payment of the treatment will automatically be due.

SoSPA reserves the right to deny entry to anyone who is in breach of our rules & regulations or whose conduct is offensive to other user / guest /employees or who presents a health and safety issue.

### Special Considerations

- Your health and safety comes first. Please help us to provide you with the best possible spa experience by completing the guest consultation form.
- In house guests are welcome to visit the spa dressed in their robes and slippers

### Health Conditions

All treatments and services will have varying effects on the individual. Please kindly advise us of any health conditions, allergies or injuries when making your spa reservation.

### Pregnancy

Please inform us in advance if you are pregnant so we can guide you in selecting the treatment that is most suitable for you during this special time. Body massage is strictly not advisable during your pregnancy.



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