

Worldwide ancient traditions meet the refinement and skill of the latest in French cosmetology to create So SPA: an exhilarating and rejuvenating experience.

Awaken your senses and feel re-energized with a selection of health and beauty treatments.

Explore a new kind of spa experience with a wide range of poetic and surprising treatments.

Discover ingredients that will kindle your natural glow and make the stresses and strains of daily life fade away with our menu inspired by gastronomy.

So SPA Sofitel Kunming invites you to experience exclusive treatments in our seven Suites combining contemporary Modern Chinese style with the French touch for an unforgettable moment of Wellbeing and Beauty.

Discover the benefits of Hammam traditions to complete your journey and achieve complete rejuvenation for your body and soul.

At So SPA you will experience **L'Occitane's** blend of French refinement and beauty expertise combined with the best of Asian beauty traditions alongside the ancestral rituals of the Hammam.



So SPA welcomes you from 10:30am to 10:00pm everyday

# À LA CARTE

## SIGNATURE TREATMENTS

60 minutes - Price RMB 780

### So Exhilarating Massage (B)

An euphoric and soothing Body Massage. Combining a rocking and tasteful experience that will shape and tone up your silhouette.

### So Rejuvenating Facial (F)

A refreshing and tasteful Facial Care. Honey and cucumber combined harmoniously with the best of French technique to revitalize and bring back youth to your skin.

## STARTERS

30 to 45 minutes  
Price RMB 200 - 580

### De-Aging Tropical Salt Mousse Scrub (B)

Pevonia developed the first-ever de-aging body care series, this De-Aging Salt mousse formula is a holistic treatment for the recovery of healthy and energetic skin through the powerful release of negative ions. This unique salt based formula will leave the skin positively recharged.

### Pu'er Tea Body Scrub (B)

Feel the wonders of Pu'er tea, deep clean and repair the skin.

### De-Aging Tropical Salt Mousse Bath (B)

It's a treatment that not only could stimulate blood circulation and the lymphatic system, but it also releases lots of negative ions which are very helpful for balancing the skin! It's very good for preparing the body for the next treatment.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

### Relaxing Bath (Lavender or Shea Butter) (B)

Delicious prelude that leaves the skin and mind truly receptive to the benefits of treatments to follow.

### Steamy Me (B)

Hot steam bath in our traditional Hammam including self-application of detoxifying black soap, this treatment is ideal before a Kessa glove exfoliation, a body wrap or a massage.

## MAINS

60 to 90 minutes  
Price RMB 680 - 880

## Revisited Classics

### Immortelle Divine Secret (F)

Ultimate rejuvenating facial ideal for those concerned by deep wrinkles and skin-slackening of the face, neck & décolleté. This facial will leave the skin feeling younger and the face contour firmer.

### Jade Energy Detoxifying Facial Treatment (F)

natural jade with organic aromatic essential oils helps to strengthen or purify skin deep tissue, accelerate lymph drainage, enhance immunity, and help blood circulation, promote cell renewal, relieve skin and mind pressure, improve edema, complexion dark dumb, making the skin smooth and soft.

### Angelica Fountain of Glow (F)

To deliver ideal moisturization, this refreshing facial incorporates 2 organic Angelica extracts water and essential oil. Featuring our signature drainage face massage sequence, it leaves the skin smoother, replumped and more radiant...  
Purely glowing with beauty!

### Verdon Vivifying Skincare - For Men (F)

Refreshing facial designed specifically for men to hydrate and re-energize skin.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## MAINS

60 to 90 minutes

Price RMB 680 - 880

### Relaxing Aromachologie Massage (B)

Swedish effleurage strokes, Chinese acupressure and Balinese massage techniques come together to stimulate circulation and ease tensions.

### Almond Detoxifying Balance (B)

Inspired by Lymphatic-drainage massage techniques, this massage boosts circulation and helps rid the body of toxins.



F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## WORLD'S BEST

60 to 90 minutes

Price RMB 680 - 980

### De-Aging Tropical Massage (B)

The most wanted massage today! Combining silky-soft aromatherapy massage oil with Pevonia's exclusive De-Aging Body Balm which contains organic extracts and loaded anti-aging ingredients, this massage is not only relaxing but also gives you the most skin rejuvenating benefits and an unforgettable sensory journey.

### Re Energizing Sun Stones (B)

To dispel stress and tension and restore the body's balance, Swedish effleurage strokes are used in combination with the penetrating warmth of basalt stones.

### Jet Lag Recovery (B)

This massage relaxes the whole central nervous system and helps the blood circulation. The therapeutic principle relies on the production of heat thanks to the use of Kansu bowl to balance your Doshas.

### Royal Thai Massage (B)

Thai massage is a deep massage technique that can be relaxing however, it can go beyond pampering and relaxation and the more advanced practitioners are trained to treat ailments and diseases as well.

### Deep Tissue Intense Relief (B)

Perfect ritual for sports enthusiasts to dispel stress and tension. Combining Hawaiian Lomi Lomi massage, acupressure and gentle stretching to ease muscular tensions.

### Ethnic Fusion Massage (B)

A fusion massage inspired by the best world techniques. A surprising sensorial experience!

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## OUR LOCAL FAVOURITES

60 to 90 minutes

Price RMB 480 - 1080

### **Amazing Pearl Rice Spa (B)**

The magic rice massage can relax your body, release aching muscles and improve the circulation of blood. It can ease rheumatic symptoms by taking away the dampness and toxins of your body. After the treatment, you will feel comfortable and renewed.

### **Revitalizing Aromachologie Massage (B)**

Combination of Swedish, Lomi Lomi and Balinese massage movements with revitalizing essential oils to release energy from the entire body.

### **Traditional Tuina Massage (B)**

Marvellously combining the rhythms of firm acupressure and muscular stretching for rebalancing your energies.

### **Foot Reflexology Massage**

Based on human energy and many foot reflexible points, the professional foot massage is good for relief of stress and tension, enhancement of blood circulation and recovery of body balance.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## DESSERTS

25 to 50 minutes

Price RMB 480 - 880

### **Express Deep Massage (B)**

Deep massage targets specific area upon guests' desire to release muscle tensions.

### **Water Lily Soothing Body Wrap (B)**

Immediately calm your sensitive sun-damaged skin with this cooling, hydrating, desensitizing and soothing body wrap. This treatment contains Water Lily, Green Tea, and Chamomile that gently comfort your skin's burning and stinging sensation. Recommend for all skin type, especially after sun exposure or laser treatment.

### **Almond Detoxifying Body Wrap (B)**

An expert body wrap to tone the skin, stimulate fat release and promote the elimination of toxins. Almond tree buds extract rich in flavonoids drain excess fluids while Almond proteins firm and redefine your body's contours. While the wrap is on, a relaxing foot and scalp massage promotes a feeling of complete well-being.

### **Immortelle Youthful Eyes (F)**

In order to help fight the appearance of fine lines, dark circles as well as puffiness and this treatment gives an instant radiance boost, featuring a lifting massage and an immortelle formula specifically designed for the eye area. Perfect after a journey, a night of festivities, or even a long, hard week.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## MAGNIFIQUE KIDS

50 to 60 minutes

Price RMB 480 - 580

### Angel Bliss (B)

Gentle pressure is applied to the scalp, legs and feet and a relaxing oil massage is performed on the back and the arms. This treatment improves children's quality of sleep, soothes the nervous system and strengthens the immune system.

### Angel Favour (B)(F)

Designed for children and teenagers, this package includes a soothing foot massage and gentle mini facial treatment, leaving delicate skin silky smooth.

## SO HAMMAM

80 minutes

Price RMB 980

### De-Aging Tropical Yoghurt Wrap with Mango (B)

Skin is enveloped by mango and pineapple this tropical wrap is enriched with Crème Fraiche natural butter, Vitamins and Minerals. Blended with potent anti-ageing ingredients, guests experience a glorious sensory escape as they are enveloped by the scent.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## CHAMPAGNE MANICURE

30 to 180 minutes

Price RMB 38 - 980

### So SPA Manicure or Pedicure

Experience a truly different treatment using exclusive L'Occitane techniques followed by an OPI nail and cuticle care for a real complete French Spa hand or feet pampering.

### Express Manicure or Pedicure

Pamper and refresh the tired hands and feet while giving them all the attention they deserve to enhance your beauty from top to toe.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes



# MENU SUGGESTIONS

130 to 300 minutes Price RMB 1380 - 3580

## Royal Special Therapy (B) (F)

Any Choice of Bath Treatment

Any Choice of Body Scrub

Any Choice of Body Wrap

Relaxing Aromachologie Massage

Skin Repair Treatment(Collagen)

Any one choice of Express Manicure or Pedicure or Hair Care  
provide wine and healthy and light cuisine

## Duo Combo (B) (F)

Enjoy the therapeutic benefits of a Hammam aromatic steam, followed by your "his and her" spa journey and the benefits of a Duo Aromachologie Soothing Bath.

### For Her

Relaxing Aromachologie Massage followed  
by a Immortelle Secret of Youth Facial

### For Him

Deep Tissue Intense Relief Massage followed by Verdon  
Vivifying Skincare - For Men

## CEO's Care (B) (F)

So HAMMAN

Any Choice of Body Scrub

French Vitamin Seaweed Facial

Ethnic Fusion Massage

Healthy and light cuisine

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

# MENU SUGGESTIONS

130 to 300 minutes Price RMB 1380 - 3580

## So Well (B) (F)

This ritual combines two of our most successful treatments to provide you with an ultimate memory. Begin with a Steam followed by So Exhilarating massage and a So Rejuvenating facial.

So HAMMAN

So Exhilarating Massage

So Rejuvenating Facial

## Mango Passion Fruit Ultimate Indulgence (B) (F)

Begin your journey with scalp massage or steam bath. This De-Aging Tropical Treatment's unique formula infuses the skin with dehydrated sea water known for its naturally high potency and concentration of minerals, this Treatment is not only relaxing but also gives you skin rejuvenating benefits, which can even wake up unlimited potential of your skin and your soul.

Any Choice of Bath

De-Aging Tropical Salt Mousse Scrub

De-Aging Tropical Massage

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

## SPECIALS

80 minutes

Price RMB 980 - 1080

### Revitalizing Refresh (B)

Refresh your skin with Pu'er tea body scrub,  
Relaxing Aromachologie Massage to relief your muscular tensions.  
The perfect mix for your body & mind.

Pu'er tea body scrub + Aroma body massage treatment

### Sparking Spirit (F)

New health experience. Back and neck massage helps relieve muscle  
tension, promote blood circulation, relieve back pain. a  
professional facial treatment, make you have beautiful skin with full of  
vitality.

Express Deep Massage + Hydrating facial with water lily

## So Exclusive Touches

Make your SPA experience unforgettable and combine it with a private  
limousine service, a bottle of Champagne served during your bath,  
a box of chocolate for pure indulgence or room service from our room  
service menu.

Please ask our spa consultants for further information.

All prices are in RMB. 15% service charge is applicable.

F - Facial, B - Body

Prices are in RMB and subject to 15% local charges and taxes

### So SPA Member Cards

A chic and refined gift that suits every occasion.  
Offer from one hour to entire day of well being.  
The So SPA team is at your disposal for any information or purchase.

### Cancellation Policy

Cancellation if free of charge if made 24 hours before the treatment  
except for hotel guests who have until 4 hours before the treatment.  
Otherwise full cost of treatment will be charged.

### Reservation

Bookings made by hotel clients directly with So SPA are guaranteed by  
the signing of a reservation card or a credit card printout.  
Bookings made by external clients directly with So SPA are secured by a  
credit card printout or cash payment.  
Changes in relation to treatments and times are possible without penal-  
ties being charged depending on availability.

### Arrival at So SPA

We encourage you to arrive at So SPA 15 minutes before your scheduled  
treatment. You will be able to enjoy the relaxation area afterwards.  
You will be supplied with dressing gowns,  
towels and slippers a private changing area being provided in your Spa  
Suite for your personal belongings.

### So SPA Ethic

To ensure the comfort of others, we would be grateful if you could  
refrain from smoking and using your mobile inside the So SPA.  
We remind to our guests that services provided in our So SPA are s-  
trictly professional. Any unusual behaviour towards our staff will  
automatically result in ending the treatment and being handled by the  
So SPA and Hotel Direction. Full payment of the treatment will au-  
tomatically be due.  
Admission to the spa is only for adults and persons over 16 years of  
age unless accompanied.