



S O F I T E L
S P A A MENU

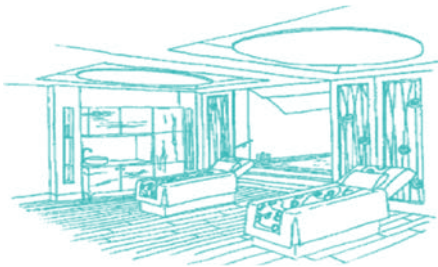
REJUVENATING
TRADITIONS FROM AROUND
THE WORLD WITH
FRENCH COSMETOLOGY.

Introduction / Philosophy

A self-indulging experience flared with the ancient secrets of beauty at Sofitel SPA. A specially designed selection of treatments, leveraged with a sensitive blend of traditional recipes and modern artistic application, creates a total spiritual and physical rejuvenating. Travelers and serenity seekers throughout history have pinpointed this particular part of the world as one of the finest destinations for explicit medication whilst watching the magical sunset.

Powered and operated by Sofitel Legend Old Cataract Aswan, Sofitel SPA is inspired by its crowning location in the heart of the Nile ,where all essential minerals and life merits are combined together to base a culture and heritage knowledge of well-being and beauty enhancement therapies. Sofitel SPA simply pastes its visitors into an era of the pharaonic arts of creating beauty queens and gods.

Delve into a formidable gallery of fragrances, precious oils, traditional herbal balms and flower mists, which will enliven your senses while each hour of the day providing a unique and memorable immersion in the land of Kouch.



Sofitel SPA welcomes you from
9:00 am to 9:00 pm every day

F Facial Treatment

B Body Treatment

À LA CARTE

SIGNATURE TREATMENTS

Rejuvenating Facial ⓕ

60 Minutes
150 USD

A Luxurious blend of products combine harmoniously with the latest in French skincare techniques to help restore a youthful complexion.

Exhilarating Body ⓑ

60 Minutes
140 USD

A Euphoric and soothing body massages using signature techniques that will shape and tone your silhouette.

SPECIALS FROM EGYPT

Nubian Experience ⓑ

120 minutes
200 USD

Enjoy a complete ritual that includes a body scrub with black soap and a loofah, a body clay mask and our famous Nubian massage.

Cataract Experience ⓑ

120 minutes
200 USD

Start your experience with the O'Furo bath followed by Cataract Bliss.

STARTERS

Aromatic body scrub Ⓟ

45 Minutes
80 USD

Delight yourself with our scrubs especially designed to smooth your skin

Private Jacuzzi Ⓟ

30 Minutes
65 USD

Utterly relax in our private Jacuzzi by yourself, or with a dear one .
We recommend a massage after the Jacuzzi to complete the circle of wellbeing.

Nubian Rain Shower Ⓟ

30 Minutes
70 USD

Massage under our special Vichy Shower.

Hamмам Ritual Ⓟ

45 minutes
90 USD

Purify and cleanse the skin with traditional black soap, followed by steam and invigorating loofah scrub.

MAINS

REVISITED CLASSICS

Nubian Massage ⓑ

60 Minutes / 90 minutes
140 USD / 175 USD

A deep tissue massage to relieve tension and improve circulation

Relaxing Massage ⓑ

60 Minutes / 90 minutes
140 USD / 175 USD

A personalized massage according to your needs

Cocoon Massage ⓑ

60 Minutes
140 USD

This massage is designed for pregnant women.
Calm, Relax, Ease backaches & Release Stress.

Traditional Thai Massage ⓑ

60 Minutes / 90 minutes
145 USD / 190 USD

This massage both relaxes and energizes without oil, using yoga-like stretches and pressure points for better flexibility and deep relaxation

Oriental Massage ⓑ

60 Minutes / 90 minutes
140 USD / 175 USD

Let your body and soul relax with this gentle massage using deep enveloping movements. Recommended after hammam ritual.

Hot Stone Massage ⓑ

90 minutes
190 USD

Using heated volcanic stones, this massage overcomes stress and brings a deep sense of relaxation

Radiance Ceremony ⓕ

60 Minutes
145 USD

A classic facial, leaving your skin oxygenated and purified.

Facial For Men ⓕ

60 Minutes
145 USD

The skin is left relaxed, purified and intensely moisturized.

Specials

Cataract After sun treatment [Ⓟ]

90 minutes
175 USD

Cools your body with a Cleopatra mask, and then moisturizes it with a soothing massage

Cataract Bliss [Ⓟ]

90 minutes
180 USD

Unwind with this unique treatment combining a back massage, a facial and foot massage during the mask.

Oriental Experience [Ⓟ]

90 minutes
175 USD

Immerse yourself into the O'Furo bath then complete your experience with a traditional Thai massage.

Cataract Couples [Ⓟ]

90 minutes
280 USD

Cataract Jacuzzi followed by a massage of your choice in our exclusive couples' room.

Mini Me Cataract [Ⓟ]

30 minutes
75 USD

(For 7 to 15 years old)
Soothing treatment through a gentle pressure oil massage

DESSERTS

De-Stress Express

30 Minutes
75 USD

A must have for overstressed people, a short and effective de-stress massage session, focused on the back and shoulders

Foot Reflexology

30 Minutes
75 USD

Pure moments of wellness, your feet will thank you!

Express Radiance

30 Minutes
90 USD

A revitalizing and relaxing facial treatment, giving the face a touch of radiance and freshness

Arrival at Sofitel SPA

To enhance your spa experience, we encourage you to arrive 20 minutes before to your scheduled treatment. A private locker is provided for your personal belongings and you will be supplied with dressing gown, towels and slippers. Arriving late for your appointment may limit your time, reducing the full benefit of the treatment. Treatments will end on time to prevent any inconvenience to the next guest.

Sofitel SPA information

For a 1h, 1h30 and 2h session, effective treatments duration are 50 min, 80 min and 110 min.

Reservations

Bookings made by hotel guests directly with Sofitel SPA are guaranteed by the signing of a reservation card. Bookings made by external guests directly with Sofitel SPA may be secured by a credit card or cash payment.

Cancellation Policy

Cancellation is free of charge if made 24 hours before the treatment, except for hotel guests who have until 4 hours before the treatment, otherwise full cost of the treatments will be applied.

Special consideration

Sofitel SPA offers each guest the chance to relax. We ask that you switch your mobiles to silent mode upon entering the SPA premises, our treatments are focused on well-being and relaxation. Non therapeutic and non-medical, Smoking and consumption of alcohol inside the SPA are strictly prohibited. Alcohol consumption is not recommended prior to any SPA treatment and facilities.

S O F I T E L
S P A A

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