MASSAGE AND BEAUTY TREATMENT

Bridgespa
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Sofitel Budapest Chain Bridge
1051 Budapest
Széchenyi tér 2.

2017
Swedish Massage – 60 minutes  
(focus on the muscles, intensive massage)

Morning Offer: (on working days, 10.00 am – 1.00 pm)
Swedish Massage – 45 minutes  
18,000 HuF

Aromazen Therapy  
– by Adrienne Feller – 60 minutes  
(gentle massage with Aromazen essences to relax the body & mind, Hungarian natural treatment, bio components)

Chocolate Massage – 60 minutes  
(relaxing and regenerative effects, all your stress will melt away)

Hot Stone Massage – 60 minutes  
(heat warms up and relaxes tense muscles)

Express Massages

Back Massage – 30 minutes  
(instant help to relieve tension)

Head and Face Massage – 30 minutes  
(fresh oxygen to the brain, the healer of the facial muscles)

Foot Massage – 30 minutes  
(rejuvenes tired feet: foot scrub followed by a foot massage)

Pregnancy Massage – 30 minutes  
(special back massage for pregnant women, week 13. – week 24.)

Neck Magic – 45 minutes  
(warm and cold herbal compress, with focus on the neck and shoulder area)
BridgeSPA Rituals

- "Cleopatra" Goat Milk Indulgence especially for Ladies – 90 minutes 35,000 HUF
  (goat milk full body scrub 30’, butter body mask and facial 30’, back massage 30’)

- Relaxation for Gentlemen – 90 minutes 35,000 HUF
  (intensive full body scrub 30’, full body massage 45’, head massage 15’)

- Spicy Hot Lava – 90 minutes 35,000 HUF
  (spicy oriental full body scrub 30’, hot stone massage 60’)

BridgeSPA Rituals
Body Treatments

- **Body scrubs** – 30 minutes 14.000 HUF
  (making you feel fresh and rejuvenated)

- **Aromazen Body Scrub** 14.000 HUF
  – by Adrienne Feller – 30 minutes
  (revitalizing & energizing scrub with Aromazen essences)

- **Body scrub & Shea Butter** – 45 minutes 18.000 HUF
  (shea butter is the skin’s best friend)

- **Detoxifying body scrub and mask** 18.000 HUF
  – 45 minutes
  (including face scrub; see salt, algae active, AHA ingredients)

- **Foot Treatment** – 45 minutes 18.000 HUF
  (foot scrub 15’, massage 15’, cooling or heating foot mask 15’)

**Additional extra treatments:**

- **Face Scrub** + 15 minutes, + 4.000 HUF
- **Face Mask** + 15 minutes, + 4.000 HUF
Facial Treatments

- **Express Facial** – 30 minutes  
  14.000 HUF  
  (quick skin boost when time matters)

- **Basic Facial** – 45 minutes  
  18.000 HUF  
  (uniquely designed to give maximum results in minimum time)

- **Hungarian Spring Lifting Facial**  
  by Adrienne Feller – 60 minutes  
  22.000 HUF  
  (Hungarian natural facial, skin tightening, rejuvenating facial for all skin types)

- **Facial Pour Homme**  
  by Adrienne Feller – 60 minutes  
  22.000 HUF  
  (Hungarian thermal relaxing facial treatment for gentlemen, designed for the specific needs of male skin)

- **Collagene Hyaluronique Facial**  
  75 minutes  
  30.000 HUF  
  (for immediate results this facial is a must)

- **Additional for any Facial: Icy High Protection Eye Contour Treatment**  
  +15 minutes  
  10.000 HUF
Any Massage + Any Body Treatment
5% off the total price

Any Body Treatment + Any Facial Treatment
10% off the total price

Any Massage + Any Facial Treatment
10% off the total price

Any Massage + Any Body Treatment + Any Facial Treatment
15% off the total price

CELEBRATE WITH US!
10% off for all INSPIRATION TREATMENTS for your special day (birthday, wedding anniversary etc.)

Please note that discount offers cannot be combined. Discounts are only valid if all the treatments are used on a given day.
Hand Care – Manicure

- **Manicure for Men** – 20 minutes  8.000 HUF
  (perfect when you are on the go)
- **Aesthetic Manicure** – 40 minutes  9.000 HUF
  (bring your nails into top shape – with nail polish)
- **SPA Manicure** – 60 minutes  12.000 HUF
  (luxurious service, 4-step treatment – peeling, mask, cream, nail polish)

Foot Care – Pedicure

- **Aesthetic Pedicure** – 50 minutes  9.000 HUF
  (for beauty and for healthy feet – with nail polish)
- **SPA Pedicure** – 70 minutes  12.000 HUF
  (special experience, 4-step treatment – peeling, mask, cream, nail polish)

Additional services for Manicure and Pedicure

- „Shellac“ Long Lasting Nail Polish  + 4.000 HUF
  + 20 minutes
- „Shellac“ removal  + 20 minutes  + 3.000 HUF
- Paraffin Wax Treatment  +25 minutes  +5.000 HUF
- French Manicure  + 20 minutes  +1.500 HUF
- Nail Decoration  + 10 minutes  + 1.000 HUF
Opening hours (on working days): 6.00 am – 10.00 pm
Opening hours (at weekends): 7.00 am – 10.00 pm
Treatment hours: 10.00 am – 9.00 pm

Morning Offers
On working days from Monday till Friday (except for bank holidays) between 10.00 am–1.00 pm we offer a 45 minute long Swedish Massage for 18,000 HUF.

Availability, Booking appointments
The Bridge SPA is available on the 1st floor of the hotel. For your reservation please, call the following phone number: +36-1- 266-1234 / 792. It is advisable to book one day in advance to ensure that the chosen day and time are available. For hotel guests a confirmation letter is sent to the guest room.

Cancellation Policy
In case you need to cancel or reschedule your treatment, we kindly ask you to give us a 4-hour notice. In case of cancellation within 4 hours, 50% cancellation fee will be charged.

Time of arrival
We recommend you arrive at least 20 minutes prior to your treatment to take advantage of the swimming-pool and sauna facilities to enhance your spa experience. Otherwise, please arrive 10 minutes prior your treatment. If you arrive late we may be not able to perform the full service, however you will be charged the full fee.

Personal Health Questionnaire
Health Questionnaire to be completed before all treatments. Please, notify us of any health concerns or if you are pregnant. On the basis of this data, the therapist will determine the suitability of the selected treatment and will customise it for your special needs. If the client refuses to fill in the data sheet, we assume no responsibility for occurring health problems. Only the client and the therapist are allowed in the treatment room during treatments.

Children Massage Policy
For safety reasons and insurance purposes, no child under the age of 14 may get any body or facial treatment (except: manicure and pedicure). All children under the age of 18 are classified as minors and must have a parent/guardian approval and signature on their Personal Health Questionnaire. Between the age of 14 and 18 only the 30-45 minute long treatments and massages are available. Your understanding is greatly appreciated.

Gift Vouchers
Ideal as a present. They are available at the SPA reception.