



So | SPA MENU  
SOFITEL

REJUVENATING TRADITIONS  
FROM AROUND THE WORLD  
AND FRENCH COSMETOLOGY

Worldwide ancient traditions meet the refinement and skill of the latest in French cosmetology to create So SPA: an exhilarating and rejuvenating experience.

Awake your senses and feel re-energized with a selection of health and beauty treatments.

Explore a new kind of spa experience with a wide range of poetic and surprising treatments.

Discover all the ingredients to sublime your natural glow and make the stresses and strains of daily life fade away with our menu inspired by nature.

So SPA by Sofitel Phnom Penh Phokeethra invites you to experience exclusive treatments in our ten Spa Suites combining contemporary Khmer style with French colonial touch for an unforgettable moment of Wellbeing and Beauty.

Clarins expresses French refinement and beauty expertise while Ytsara combines most of Asian beauty traditions with the ultimate refinement.



So SPA welcomes you on the second floor  
from 10 am to 10 pm everyday  
Tel: 023 999 200 (Ext. 6522)

# À LA CARTE

## SIGNATURE TREATMENTS

60 minutes - Price USD60

### So Exhilarating Massage (B)

An euphoric and soothing Body Massage, combining a rocking and tasteful experience that will shape and tone up your silhouette.

### So Rejuvenating Facial (F)

A refreshing facial that offers the best of French techniques for tonifying and revitalizing to bring a youthful look and feel back to your skin

## STARTERS

30 to 45 minutes  
Price from USD30 - 45

### Steamy Me (B)

A private steam shower to gently detoxify – ideal before an exfoliation, a body wrap or a massage.

### Mandarin Crumble Scrub (B)

An exceptional skin softening body exfoliation combining mandarin oil and refreshing aloe vera body gel to leave the skin feeling silky smooth and wonderfully revitalized.

### Discovery Facial (F)

A natural express facial using bamboo and green tea extracts to relieve your skin from impurities leaving it moisturized, fresh and clean.

F - Facial, B - Body

All Prices are quoted in USD and are Exclusive of 10% VAT and 7% service charge

## MAINS

60 minutes  
Price from USD80 - 100

### Revisited Classics

#### Youthful Lift Facial Treatment with Hop (F)

A youth recovery treatment that boosts skin's vital functions. Hop tree extract is known for its energizing and skin-firming benefits. Delivers exceptional skin toning and firming benefits to help diminish the visible appearance of lines.

#### Whitening Facial Treatment With Sandspurry (F)

A whitening treatment that restores skin's brightness and luminosity. Regular sessions inhibit hyper-pigmentation, resulting in a fairer, clearer and more beautiful complexion."

#### Total Gentle Facial Treatment with Christophine (F)

Christophine is a plant with skin-softening virtues. This soothing treatment specifically developed for sensitive skin. Repairs and rebalances skin's natural defence mechanisms. Helps diminish redness and unifies the complexion.

#### Ultra Hydrating Facial Treatment with Katafray (F)

Katafray is a tree with water storage capacities and grows in the desert. Its extracts help to stimulate the skin's natural hydration process. A rehydrating treatment to supply intense moisture to dehydrated skin. Nourishes and softens skin to revive and restore radiance, softness, suppleness and comfort.

#### Contouring Body Treatment with Uncaria Tomentosa (B)

Uncaria tomentosa helps to limit the formation of excess lipids in the body. This treatment is for those who want to slim and remodel the silhouette while gaining a real feeling of lightness.

#### Firming Body Treatment with Lemon Thyme (B)

Lemon thyme extracts help to maintain the skin's elasticity. The perfect treatment to restore skin tone and streamlined body contours, along with soft, supple skin.

#### Moisture Relax Body Treatment with Peach Milk (B)

Peach extract is used for its hydrating and nourishing virtues. A wave of hydration and comfort for thirsty skin that becomes more comfortable, more supple and thus more resistant to external aggressions.

#### Exfoliating Body Treatment with Bamboo Powders (B)

This high-performing treatment helps renew your skin deep down. A double exfoliating action, one mechanical and the other biological, leaves the skin softer, smoother, purified and revitalized. Body products applied afterwards are perfectly absorbed

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## WORLD'S BEST

60-90 minutes  
Price from USD50 - 90

### **Ethnic Fusion Massage (B)**

A fusion massage inspired by the world's best techniques.  
A surprising and rewarding sensorial experience.

### **Re-Energizing Stone Massage (B)**

A complete massage acting on your physical, emotional and spiritual energy.  
Thanks to the expert use of warm stones.

### **Imperial Foot Massage (B)**

A relaxing massage of the Foot and calves to pamper  
and relieve tired and aching Foot.

## OUR LOCAL'S FAVOURITES

60 to 90 minutes  
Price from USD40 - 90

### **Warm Coconut Soother (B)**

A unique experience with red rice body scrub follow by sesame  
and warm coconut poultice to nourish, soothe and condition your skin.  
Followed by a relaxing full body massage with virgin coconut oil.

### **Traditional Khmer Massage (B)**

A no-oil treatment that combines firm finger-pressure and muscular stretching to  
rebalance your energy and to improve your range of motion.

### **Body Reviver (B)**

Firm body massage with steamed indigo herbal compress.

### **Red Rice Exfoliation and Silk Body (B)**

A gently renewing body polish with the application of a red rice body scrub  
followed by a refreshing wild rose body mist and steam silk balls  
for the ultimate sensation of wellbeing.

### **Pampering Khmer Facial (F)**

Experience the healing touch of age-old Asian techniques combined with the  
tonic benefits of effective botanical products. This rejuvenating facial based  
on green tea, rosewood oil and bamboo will reveal  
your natural beauty from inside out.

## MAGNIFIQUE KIDS

30 minutes  
Price from USD25 - 30

Dedicated to children aged 5 - 12 years old accompanied  
by their parents:

### **Angel Bliss (B)**

Gentle pressure is applied to the calves, legs, Foot, on the back and the arms.  
This treatment improves children's quality of sleep  
and strengthens the immune system.

### **Mini Me Facial (F)**

Specially adapted to suit the skin of children and teenagers, a very gentle facial  
that purifies and takes care of the skin.

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## ON-THE-GO MEN

30 to 90 minutes  
Price from USD30 - 80

### **Skin Blitzer Treatment (F)**

Shaving bumps and irritation, stress and tiredness, greyness and congestion.  
Whatever your needs are, this relaxing bespoke Clarins Men facial will target and  
treat. Your face will look and feel refreshed, healthy and smooth.

### **Absolute Desktop Recovery (B)**

Relieves the tension that has gradually infiltrated your upper body during  
long office hours. With warm herbal cushions to comfort your spine  
and Asian techniques that ease fatigue.

### **Sports Booster Massage (B)**

Ideal after a workout session, this deep pressure massage concentrates  
on the sore muscles of aching legs, arms and upper back for a renewed body.

### **Head, Neck and Shoulders Therapy (B)**

A perfect treatment to soothe your mind. Thanks to exhilarating  
scalp massage and tension soothing neck and shoulders massage.

## DESSERTS

30 to 90 minutes  
Price from USD20 - 45

### **Shiny Hair Scalp Massage (B)**

A perfect treatment to soothe your mind and give your hair a silky glow.  
Thanks to an exhilarating scalp massage  
followed by a moisturizing hair mask.

### **Foot & Leg Soother (B)**

A refreshing treatment that combines a Foot polish followed by  
a harmonizing Foot bath and an energizing leg and Foot massage

### **Natural Hands or Foot Beauty with OPI (B)**

Pamper your hands and Foot with this complete nail care  
treatment for well groomed nails and soft skin.

### **So Spa Manicure or Pedicure (B)**

Experience a 4 course treatment for your hands or Foot while you rest in the  
comfortable private lounge. Starts with a gentle mandarin scrub, followed by nail  
and cuticle care, hands or Foot massage and a hydrating mask,  
completed by an OPI colour of your choice.

### **Re-Touch by OPI (B)**

Gentle nail and cuticle care for your hands or Foot completed by OPI nail polish.

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## SPECIALS

**90 minutes**  
**Price USD50**

### **Tea Time Manicure or Pedicure (B)**

Catch up with friends over English Afternoon tea at Le Bar followed by a pampering manicure or pedicure with OPI treatment at So SPA.

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## MENU SUGGESTIONS

120 to 150 minutes - Price from USD90 - 150

*Retreat, relax and rejuvenate with our hand-picked, customized and exhilarating spa rituals. Each ritual includes a complimentary private steam shower, spa butler service, the choice of treatment room from one of our ten luxury treatment suites, after treatment use of the Deep Relaxation lounge and refreshment.*

### **So Well (B) (F)**

Begin with a So Exhilarating (For Her) or Ethnic Fusion (For Him) body massage to soothe your body and mind, followed by a So Rejuvenating Facial for a magnificently smooth and radiant complexion.

### **Ultimate Spa Indulgence (B)**

An invigorating three-course spa ritual starting with a relaxing massage followed by a renewing salt scrub and completed by a hydrating body wrap.

### **Duo Combo (B) (F)**

Enjoy the therapeutic benefits of a private aromatic steam, followed by a "his and her" spa journey.

#### **For Her**

Contouring Body Treatment with Uncaria Tomentosa (B)  
Youthful Lift Facial Treatment with Hop (F)

#### **For Him**

Moisture Relax Body Treatment with Peach Milk (B)  
Skin Blitz Treatment (F)

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### **So Exclusive touches**

Make your So Spa experience unforgettable and combine it with private limousine service, bottle of Champagne or a box of chocolate for pure indulgence

### **Gift certificates**

A chic and refined gift that suits every occasion. Offer from one hour to an entire day of well being. The So SPA team is at your disposal for any information or purchase.

### **Cancellation policy**

Cancellation is free of charge if made 4 hours before the treatment except for hotel guests who have until 2 hours before the treatment. Otherwise full cost of treatment will be charged.

### **Reservation**

Bookings made by hotel clients directly with So SPA are backed by the signing of a reservation card or a credit card printout. Bookings made by external clients directly with So SPA are secured by a credit card printout or cash deposit. Changes in relation to treatments and times are possible without penalties being charged depending on availability.

### **Arrival at So SPA**

We encourage you to arrive at So SPA 15 minutes before your scheduled treatment. You will be able to enjoy the relaxation area afterwards. You will be supplied with dressing gowns, towels and slippers. A private changing area being provided in your Spa Suite for your personal belongings.

### **So SPA Ethic**

To ensure the comfort of others, we would be grateful if you could refrain from smoking and using your mobile inside the spa. We remind to our guests that services provided in So SPA are strictly professional. Any unusual behaviour towards our staff will automatically result in the treatment ending and guests being handled by the Management. Full payment of the treatment will automatically be due. Admission to the spa is only for adults and persons over 16 years of age unless accompanied.

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**SOFITEL PHNOM PENH PHOKEETHRA**  
26 OLD AUGUST SITE, SOTHEAROS BLVD.  
SANGKAT TONLE BASSAC, KHAN CHAMKAMORN  
PHNOM PENH, KINGDOM OF CAMBODIA  
TEL: +855 (23) 999 200 - FAX: +855 (23) 999 211  
EMAIL: H6526-TH@SOFITEL.COM  
WWW.SOFITEL.COM