

#### FOR A NICE START

# **LENTIL SOUP** ✓ (C) (G) (V) 40 Braised red lentils flavored with cumin, served with croutons and lemons

HARIRA SOUP (C)(G)(D)	40
Classic Moroccan harira tomato, lentil and	
chickpea soup	

SOUP OF THE DAY	35
CLASSIC CAESAR SALAD	45
(D) (F) (G) (E) (CR) (M) (S) (SO)	
Romaine lettuce, chicken, prawns and	
croutons in caesar dressing	
Add chicken	50
Add prawns	50

# KETO BOWL

# SUPER GREEN SALMON NICOISE (E) (F) (M) 45 (G) (SO)

Green mesclun, kenya beans, boiled egg, artichoke, olives and balsamic dressing

# CHICKEN, BROCCOLI AND BEET BOWL WITH AVOCADO PESTO (D) (N) (G) Chargrilled chicken, roasted beetroot, crumbled blue cheese with avocado pesto

# ENERGISING KALE & QUINOA BOWL (SO) (V) (M) (G) ✓ Kale and quinoa with orange, grapefruit segments, avocado drizzled with raspberry vinaigrette

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## SANDWICHES & WRAPS

**DELI TOASTIE** (D) (E) (G) (M)(S) (F) (C) **55** White or brown toast, grilled chicken, fried egg, turkey ham, cheddar cheese, tomato, mustard mayo, romaine lettuce and French fries

SWISS BURGER (D) (G) (E) (M) (S) (F) 65 100% US Angus beef patty topped with roasted onion, lettuce, tomato, served with French fries

# CHICKEN AVOCADO BURGER (D) (G) (E) 65 (M) (S) (F)

Homemade chicken breast patty, layered with tomato, lettuce, spicy salsa and guacamole, served with French fries

**PESTO PANINI** (N) (G) (V) (M) (SO)  $\checkmark$  50 Grilled vegetable, onion, mushroom, zucchini and pesto panini served with French fries and crispy salad

# IT'S ROOSTER CHILI AIOLI WRAP(D) (G) 55 (E) (M) (S) (F)

Tortilla bread, cajun spiced chicken, jalapeno, chili aioli, coriander, romaine leaf and French fries

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#### MAIN COURSE

NORWEGIAN SALMON (F)(G)(E)(M)(S)(D)(SO) 80 Grilled salmon fillet served with carrot and apple slaw, sautéed beans and sweet & citrus salsa

**ASIAN GLAZED SEA BASS** (D)(F)(E)(SS)(S)(M)(G) **75** Pan seared sea bass with wilted sesame spinach and jasmine rice

FISH & CHIPS (G) (F) (E) (D) (M) (S) (SO) 60 Batter fried cod, chunky chips, mushy peas, tartar sauce

GRILLED JUMBO PRAWNS (D)(CR)(E)(M) 85 (G)(S)(F)

Lemon garlic rice and roasted tomatillo salsa verde

**DELI RIB EYE** (D) (G) (E) (S) (C) Grilled New Zealand rib eye steak, butter sautéed beans and wedges, roasted garlic herb butter, served with your choice of peppers, béarnaise or mushroom sauce

**RACK OF LAMB** (D) (S) (G) (C) **95**Oven roasted lamb rack with smoky aubergine salad, French fries and garlic jus

CHICKEN SUPREME (D) (S) (G) (C) 70
Grilled spinach and feta stuffed chicken breast, asparagus, mashed potatoes with mushroom jus

THAI GREEN CHICKEN CURRY (CR) 65
(SO) (G) (D) (F)
Coconut milk, lemon grass, galangal, chili
broth with jasmine rice and crackers

**NASI GORENG** (E)(CR)(S)(SS)(P)(SO)(G)(MO)(F)(D) **65** Traditional Indonesian wok fried rice, chicken satay, crackers topped with fried egg

ARABIC MIXED GRILL (D) (G) (F) (E) (M) 90 (S)

Shish tawook, lamb kofta, beef kebab, fattoush salad, hashweh rice or French fries

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 $\textbf{TRADITIONAL INDIAN BIRYANI} \; (N) \; (D) \; (G) \; (E)$ 

(M) (S) (SS) (SO) (P)

Biryani rice with your choice of chicken, lamb or vegetables served with papadum, raita and pickles

Chicken or vegetable 65 Mutton 80

**BUTTER CHICKEN** (N)(D)(G)(M)(S)(SS)(SO)(P) **70** Chicken marinated with yoghurt, cooked with tandoori spices and topped with butter & cream served with steamed rice and papadum

PASTA (E) (G) (S) (M)

Type of pasta: Penne - Fettuccine Spaghetti - Farfalle

SAUCES (S) (N) (D) (C) Arrabbiata - Cream and Mushroom - Pesto Bolognese - Napolitano - Four Cheese

#### PIZZA

95

CLASSIC MARGHERITA (D) (G) (V) (S) (M) 70 Tomatoes, mozzarella and fresh basil

**FOUR SEASONS** (E) (D) (G) (S) (M) **70** Tomato, mozzarella, capsicum, onion, mushroom, olives with egg on top

PEPPERONI (G) (D) (S) (M) 70
Tomatoes, mozzarella, spicy beef salami, roasted red peppers and chili flakes

EXTRA TOPPINGS 10

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#### KIDS CORNER

# SPAGHETTI OR PENNE (D) (G) (C) (S) (M) 35 With bolognese or tomato or white sauce MINI PIZZA (D) (G) (V) (S) (M) 35 Oven baked tomato and cheese pizza MINI BURGER (D) (G) (E) (M) (S) (F) 35 Mini beef patty with melted cheese and French fries CHICKEN NUGGETS (G) (E) (M) (S) (C) (D) 35 (SO) (F) Served with French fries and mayo

### DESSERT

CHOCOLATE BROWNIE With Ice Cream (N) (G) (D) (E) (S) (SO)	30
CHEESE CAKE (E) (D) (G) (N) (S) (F)	30
TIRAMISU (E) (D) (G) (M) (S)	30
ICE CREAM (N) (E) (D)	30
SELECTION OF FRUITS	30

## SOFT BEVERAGES

FRESH FRUIT JUICE	25
LOCAL WATER SMALL	16
LOCAL WATER LARGE	2
SPARKLING WATER LARGE	33
SPARKLING SMALL	21
PEPSI/ DIET PEPSI/ 7 UP SODA/ GINGER ALE	17
ENERGY DRINK	32
MILK SHAKES Strawberry, chocolate and vanilla	28
HEINEKEN 0.0 (NON-ALCOHOLIC)	30
COFFEE AND TEA SELECTIONS	23
ICED TEA OF THE DAY	30

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BOTTLED BEER		9 /
HEINEKEN	16	44
CORONA		48
STRONGBOW		44
BUDWEISER		44
WHITE WINE	GLASS	BOTTLE
FRONTERA, SAUVIGNON BLANC, CHILE	48	200
HARDY'S, CHARDONNAY, AUSTRALIA	49	210
EMOTIVO WHITE, ITALY	48	200
BIO BIO CHARDONNAY, ITALY, ORGANIC	58	248
RED WINE AND ROSE W	/INE	
FRONTERA, CABERNET SAUVIGNON, CHILE	48	200
FRONTERA, MERLOT, CHILE	48	200
FRONTERA ROSÉ, CHILE	48	200
BIO BIO MERLOT, ITALY, ORGANIC	58	248
WHISKEY AND VODKA		SHOT
JW RED LABEL		40
JACK DANIEL'S		48
GLENFIDDICH 12 YO		50
ABSOLUT BLUE		48
GIN AND TEQUILA		
BOMBAY SAPPHIRE		40
		40
JOSE CUERVO SILVER		
RUM AND COGNAC		
		40

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