



IRD MENU

客房送餐菜单


SALADS / APPETIZERS

沙拉和前菜

-
-  **Chef's Vegetables Salad (38 Cal)** **88.00**
Selection of boutique lettuce, local vegetables, cherry tomatoes, cucumber and balsamic dressing
厨师精选蔬菜沙拉 (38 卡路里)
精选时令生菜,本地时蔬,樱桃番茄,黄瓜和意大利香醋汁
- Chicken Caesar Salad** **88.00**
Grilled Chicken breast, Romaine lettuce, garlic crouton, crispy bacon, shaved Parmesan cheese, sliced egg and Caesar dressing
扒鸡肉凯撒沙拉
罗马生菜,蒜味面包丁,脆培根,帕玛森芝士片,熟鸡蛋和凯撒汁
-  **Harbin Sausage Plate** **88.00**
With local spice and cumin powder
哈尔滨红肠
配特色椒盐

FROM OUR SOUP KETTLE

来自我们的汤壶

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-  **Wild Mushroom Creamy Soup (48 Cal)** **58.00**
Drizzled truffle oil
野菌蘑菇汤 (48 卡路里)
配松露油
- French Onion Soup "En Crouton"** **58.00**
Topped puff pastry & gruyere cheese
法式洋葱汤
配千层酥和格鲁耶尔芝士

SANDWICHES / BURGER

三明治和汉堡

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- Sofitel Club Sandwich** **88.00**
Smoked chicken, tomato, lettuce, bacon, fried egg on white loaf toast
索菲特三明治
烟熏鸡肉,番茄,生菜,培根,煎蛋和白吐司
- Beef Burger** **88.00**
Tomato, crispy lettuce, gherkin, onion, bacon, fried egg and cheddar cheese on sesame bun
牛肉汉堡
番茄,西生菜,酸黄瓜,洋葱,脆培根,煎蛋和车打芝士

***All your sandwiches and burger are server with French fries and mini garden salad**
以上所有三明治和汉堡配薯条和沙拉

ELEMENT'S ITALIAN CLASSICS

IRD MENU

客房送餐菜单

意大利特别推荐

Spaghetti "Bolognese" Tomato sauce, ground beef, Italian herbs & Parmesan cheese 肉酱意大利面 茄汁, 牛肉末, 意大利香草&帕玛森芝士	88.00
Penne "Carbonara" Bacon, egg yolk & Parmesan cheese 奶油斜管面 培根, 蛋黄&帕玛森芝士	88.00
Oven-baked Pizza Black olives, tomato, salami and mozzarella cheese 烤披萨 黑橄榄, 番茄, 萨拉米肠和马苏里拉芝士	88.00

FROM THE GRILL...

来自我们的铁板

Australian Angus Grain Feed Tenderloin 220gr 澳洲安格斯谷饲牛柳 220g	288.00
Australian Angus Grain Feed Rib-eye 220gr 澳洲安格斯谷饲肉眼牛排 220g	248.00
Australian Angus Grain Feed Sirloin 280gr 澳洲安格斯谷饲西冷牛排 280g	268.00
New Zealand Lamb Chop 300gr 新西兰羊排 300g	208.00
Spring Chicken (Half) 春季烤鸡 (半只)	128.00

*All grilled items come accompanied with one side dish and one sauce...

Choose your favorite:

所有上述项目搭配一种汁酱和一种配菜...

请选择你喜欢的:

SIDE DISHES

Mashed potato, roasted potato, French fries, steamed rice, seasonal buttered vegetables
配菜

土豆泥, 烤土豆, 薯条, 白米饭, 炒饭, 黄油时蔬

SAUCES

Black pepper, red wine, creamy mushroom, lemon butter
汁酱

黑胡椒汁, 波尔多调味汁, 奶油蘑菇汁, 柠檬黄油汁

ASIAN TEMPTATION

亚洲诱惑



Vegetarian 素食



Contain Pork 猪肉



Contain Nuts 坚果



De-Light SOFITEL Program 健康食谱


IRD MENU

客房送餐菜单

Char Kway Teow "Penang" Style Wok-fried flat rice noodles 檳城炒贵刁 炒荷粉配鲜虾,蟹肉,中式腊肠,鸡蛋,豆芽和香葱	88.00
Indian Chicken Curry With steamed rice and mango chutney 印度咖喱鸡 配白米饭, 印度薄饼和芒果酱	88.00

DESSERTS

甜品

Tahitian Vanilla "Crème Brulee" Caramelized with brown sugar and cognac 传统香草焦糖炖蛋 红糖和干邑	48.00
 Tart "Tatin" (176 Cal) Caramelized upside-down apple French tart, raspberry sorbet 苹果塔(176 卡路里) 哈根达斯树莓雪糕	48.00
Seasonal Fruit Plate 时令水果盘	48.00
Cheese Board (5 Kind) A selection of imported cheese served with assorted bread & dried fruit 芝士拼盘 (5 种) 精选进口芝士配面包和干果	118.00

KID'S MENU

儿童菜单



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Contain Pork 猪肉



Contain Nuts 坚果



De-Light SOFITEL Program 健康食谱

IRD MENU

客房送餐菜单

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| Little Emperor Salad
Romaine lettuce, garlic crouton, crispy bacon, shaved Parmesan cheese, sliced egg and dressing Caesar
小皇帝沙拉
罗马生菜, 蒜味面包丁, 脆培根, 帕玛森芝士片, 熟鸡蛋和凯撒汁 | 48.00 |
| Shrek Burger
Mini beef burger served with French fries
史莱克汉堡
迷你汉堡配薯条 | 48.00 |
| Super Mario Spaghetti
Mini spaghetti bolognaise
迷你意面
迷你肉酱意大利面 | 48.00 |
|  Let's Rock The Junior Wok
Fried Rice with Egg and Vegetables
让我们摇滚青年锅
扬州炒饭 | 48.00 |

SWEET ENDING

甜蜜的开始

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| Sponge Bob (3 Scoops)
Ice Cream: Vanilla, strawberry or chocolate
海绵宝宝
香草, 草莓和巧克力 | 48.00 |
| George Of The Jungle
Seasonal Fruit Plate
森林泰山
水果拼盘 | 48.00 |

CHINA'S NORTHEAST SIGNATURE DISHES

本地特色菜

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| Selection of Harbin Dumpling
Beef dumpling or pork dumpling or classic three ingredients dumpling
精选哈尔滨水饺 | 88.00 |
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客房送餐菜单

牛肉大葱水饺 或 猪肉香菇水饺或传统三鲜水饺配蒜泥，饺子醋


Braised Beef Brisket Noodle Soup **88.00**
牛肉汤面

Sautéed Beef Fillet **98.00**
with chili pepper
杭椒炒牛肉

Wok-fried Beef with Kimchi **88.00**
韩国泡菜炒牛肉

 **Traditional Wok-fried Pork Fillet** **88.00**
Sheered carrot, leek and ginger
锅包肉
配胡萝卜丝，大葱丝和姜丝

 **Fried Fatty Intestine** **78.00**
with pickled garlic
腊八蒜炒肥肠

 **Fried Shredded Pork Fillet** **58.00**
with preserved Sichuan pickle and shredded dry pepper
香辣榨菜肉丝

 **Stir-fried Egg with Tomato "Country Style"** **58.00**
农家番茄炒鸡蛋

 **Sautéed Seasonal Vegetables** **48.00**
清炒时令蔬菜

Steamed Jasmine Rice **48.00**
白饭



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LUNCH & DINNER SELECTION / 午晚餐精选

APPETIZERS / 开胃菜

Chef's Vegetables Salad / 厨师精选蔬菜沙拉
(38 cal)
88 ¥

Or

Wild Mushroom Creamy Soup / 奶油野菌汤
(48 cal)
58 ¥

MAIN COURSES / 主菜

Crispy Skin Salmon & Zucchini "Veloute" / 脆皮三文鱼&奶油节瓜
(298 cal)
178 ¥

or

Australian Grain Fed Rib Eye 220gr / 澳洲谷饲肉眼
Baby carrots, green asparagus & black pepper sauce / 手指胡萝卜, 青芦笋&黑胡椒汁
(200 cal)
268 ¥

DESSERTS / 甜品

Tart Tatin / 苹果塔
(176 cal)
48 ¥

Or

Fruit Platter / 时令水果盘
(120 cal)
48 ¥

索菲特提醒您：建议您午晚餐一餐摄取不要超过800卡路里。最好不要吃面包和黄油。最好不要饮酒。
任何生食及未被充分加工的肉类，家禽，海鲜，贝类及鸡蛋都能增加您食源性疾病的风险。
同样，如果您对任何食品有过敏反应，请及时通知服务人员。

Notice: For lunch or dinner, the recommendation is not to exceed 800 calories per meal. No bread and butter. No alcohol.

The consumption of raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Meanwhile, if you're allergic to any food, please inform the attendant on time.
Lunch & dinner selection



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