



So | SPAMENU  
SOFITEL

FUSION OF ANCIENT  
TRADITIONS &  
THE FRENCH  
COSMETICS

Ancient traditions from around the world meet the refinement and skill of the latest in French cosmetology to create So SPA : an exhilarating and rejuvenating experience.

Awaken your senses and feel re-energised.

Explore a new kind of spa experience with a wide range of surprisingly poetic treatments.

Discover the ingredients that enhance your naturel glow. Make the stresses and strains of daily life fade away with our menu inspired by gastronomy.

The So SPA Sofitel Marrakech invites you to free your senses, stop time in a unique architectural style of Moorish and French elegance

The So Spa Sofitel Marrakech selected French luxury brand Cinq Mondes, offering authentic beauty rituals inspired from the most rejuvenating techniques around the world, blended with natural cosmetics designed specifically for So SPA, to enhance the refinement of local traditions and culture.



Opening hours  
Every day  
from 8 am to 22pm

(F) Face

(B) Body

# A LA CARTE

## SIGNATURES TREATMENT

### **So Rejuvenating Facial Treatment** (F)

60 minutes

A luxurious blend of products combines harmoniously with the latest French skincare techniques to help restore a youthful complexion.

### **So Exhilarating Body Massage** (B)

60 minutes

A euphoric and soothing body massage, using signature techniques that will shape and tone your silhouette.

## STARTERS

30 minutes

### **Hamмам or Sauna** (B)

Enjoy traditional Moroccan steam bath with essential oils of eucalyptus or sauna dry bath

### **Hamмам scrub with black soap and eucalyptus** (B)

Embrace the North African tradition of purifying and cleansing the skin with olive rich Black Soap, then a steam and an invigorating scrub with the kassa mitt

### **Aromatic Spices Scrub** (B)

Spices and flower salt body scrub.  
For body energy and skin radiance.

### **Aromatic bath Marrakchi** (B)

Ceremonial bath with orange blossom and rose flower leaves, eucalyptus, cinnamon...

MAIN

60, 90 minutes

## Revisited Classics

### Citrus Radiance Care<sup>(F)</sup>

60 min

Purity and radiance facial glow. Combining a face massage with orange blossom and citrus essences and a refreshing wellness and beauty ceremonial from head to toe...

### Berberé Facial Care<sup>(F)</sup>

60min

Secret of Moroccan beauty, with a splendid cocktail of rose water, and argan oil.

### Sublime Anti-ageing Ceremony<sup>(F)/(B)</sup>

60/90min

The secrets of Figue de Barbarie, a flower and fruit with powerful anti-oxidant properties.

### Energizing or Relaxing Massage with Warm Oil<sup>(B)</sup>

60 min

The Feel Good massage you need.

## World's best

### Japanese Ko Bi Do<sup>(F)</sup>

60/90min

Compleat and specific anti-wrinkle care focused on the most fragil areas of the face (eyes, forehead and lips), using Japanese ancestral ritual technique,"KO BI DO", combined with reflexology for total relaxation.

### Traditional Oriental Massage<sup>(B)</sup>

60min

Enjoy a relaxing massage with warm sumptuous oils,which follows an ancient tradition from North africa.

### Ayurvedic Chic<sup>(B)</sup>

60/90minutes

Experience the thousand-year-old Indian ritual, where warm Ayurvedic oil is massaged into the body, relieving tension, resting energy and improving vitality.

### Hot Stones Rolling<sup>(B)</sup>

60 min

Body balancing massage with hot and cold stones.

### Ethnic Fusion<sup>(B)</sup>

90 min

Signature massage inspired from the world's best techniques. Both a revigorating and relaxing experience.

## DESSERTS

30, 60 minutes

### **Express Outdoor Manucure or Pedicure (B)** **30min**

Perfect manicure or pedicure with a refreshing lemon cocktail, either at the solarium or by the pool.

### **Light feet or angel hands (B)** **60min**

A complete treatment to refresh and pamper your hands or feet  
Exfoliation, nourishing mask and massage

## SPECIALS

### **Morning Fit & Go with SoFit** **60min**

For morning athletes . Fitness coaching followed by a tonic massage.

### **Evening Stretch & Sleep with SoFit** **60min**

According to the weekly program stretching,  
Aqua -stretching and relaxing massage

### **Destress Express(B)** **30 min**

Your relaxation break

# MENU SUGGESTIONS

## **Spa Time, anytime !**

You have 30 minutes 1H,2H free just come to the spa ! We will offer you the perfect care

## **Rituel Chaleur de l'Atlas**

**90/120 min**

Traditional Hammam experience: a Beldi ® Black Soap body scrub, Purifying «Rassoul ® cream» wrap, followed by an oriental massage

## **Gentlemen's Break**

**120min**

Tonic Hammam, spices body wrapping and body massage.

## **Zen ritual**

**90/120 min**

Relaxing body massage with warm oil followed by a deep feet massage to restore the energy on your body.

# Mini Soins

## **Like Mum**

**120mn**

Traditional facial care with argan oil for mum and daughter followed by a gourmet bath and delights taste with orange blossom flavours.

## **Like Dad**

**120mn**

Scalp and feet Massage for father and son followed by a gourmet bath and delights taste with orange blossom flavours.

## So SPA Time

Book time and prepare own spa journey and selection of treatments with our spa

30 minutes	500 Dirhams
60 minutes	990 Dirhams
90 minutes	1400 Dirhams
120 minutes	1800 Dirhams

All treatments are available for two in our Duo Suite.

### **Arrival at So SPA**

To enhance your spa experience, we encourage you to arrive 10 minutes prior to your treatment. Throw off your shoes and indulge yourself with our luxurious robes and slippers, leave your cares at the door and unwind in our calming, therapeutic and relaxed environment. Give yourself time prior to your treatment to optimise the overall effects, and completely re-balance your mind, body and spirit.

### **Informations So SPA**

For a 30 min,1H,1H30, 2H session, effective treatments duration are 20 min,50min,80 min,110 min.

### **Reservation**

Bookings made by hotel guests directly with So SPA are guaranteed by the signing of a reservation. Bookings made by external guests directly with So SPA may be secured by a credit card or cash payment.

Changes in relation to treatments and times are possible without penalties being charged depending on availability.

### **Cancellation Policy**

Cancellation is free of charge if made 24 hours in advance.

Hotel guests must give four hours notice, after which the full cost of the treatments will be charged.

### **Gift Voucher**

A chic and refined gift that suits every occasion.

Offer from one hour to an entire day of wellbeing.

The So SPA team is at your disposal for any information or purchase.



**SOFITEL MARRAKECH LOUNGE & SPA**

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