

BREAKFAST

05.00AM - 11.30 AM

AED

THE CONTINENTAL / SERVED 24H

115

Our Baker's Basket, Filled With Croissants, Fresh Pastries And Bread
Served With French Butter, Assorted Jams And Honey
Seasonal Fruits

Choice Of Yogurt

Plain | With Fruit | Low-Fat

Choice Of Toasted Bread

White Toast | Brown Toast | Baguette

Your Choice Of Freshly Squeezed Juice

Orange | Grapefruit| Mango| Carrot -Apple-Orange

Your Choice Of

Malongo French Press

Nespresso Specialties (Latte | Cappuccino | Coffee | Espresso)

Damman Tea Frères Teas

Homemade Hot Chocolate

THE AMERICAN

125

Our Baker's Basket, Filled With Croissants, Fresh Pastries And Bread
Served With French Butter, Assorted Jams And Honey

Three Eggs Prepared

Over Easy | Sunny Side Up|Scrambled |Boiled |Poached | Well-Done

With Your Choice Of

Lamb Bacon | Veal Sausage |Turkey Ham|Chicken And Herb Sausage

Choice Of Toasted Bread

White Toast | Brown Toast | Baguette

Or

Three Eggs Omelette Filled With Your Choice Of 3 Ingredients

Swiss Cheese| Feta Cheese | Goat Cheese | Turkey Ham

Bell Peppers | Mushrooms | Tomatoes

Chives | Spinach | Smoked Salmon | Red Onions

Choice Of Toasted Bread

White Toast | Brown Toast | Baguette

Your Choice Of Freshly Squeezed Juice

Orange | Grapefruit| Mango| Carrot -Apple-Orange

Your Choice Of

Malongo French Press

Nespresso Specialties (Latte | Cappuccino | Coffee | Espresso)

Dammann Frères Teas

Homemade Hot Chocolate

All prices are in UAE Dirhams and are subject to 10% service charge, 6% tourism fee and 4% municipality fee.



AED

THE ARABIC

125

Our Baker's Basket, Filled With Croissants, Fresh Pastries And Oriental Bread Served With French Butter, Assorted Jams And Honey Shakshouka Omelette |Foul Medammes|Balila|Baladi Cheese Olives, Tomatoes, Cucumber

Your Choice Of Freshly Squeezed Juice

Orange | Grapefruit| Mango| Carrot -Apple-Orange

Your Choice Of

Malongo French Press

Nespresso Specialties (Latte | Cappuccino | Coffee | Espresso)

Damman Tea Frères Teas

Homemade Hot Chocolate

THE EGGS BENEDICT

135

Our Baker's Basket, Filled With Croissants, Fresh Pastries And Bread Served With French Butter, Assorted Jams And Honey

The British

Two Poached Eggs On Toasted English Muffin With Roasted Turkey Ham, Lamb Bacon, Sautéed Potatoes And Hollandaise Sauce

Or

The Norwegian

Two Poached Eggs On Toasted English Muffin With Salmon Gravlax, Fresh Dill, Crushed Tomatoes And Hollandaise Sauce

Or

The French

Two Poached Eggs On Toasted English Muffin, Spinach, Brie Cheese, Sautéed Potatoes And Hollandaise Sauce

Your Choice Of Freshly Squeezed Juice

Orange | Grapefruit| Mango| Carrot -Apple-Orange

Your Choice Of

Malongo French Press

Nespresso Specialties (Latte | Cappuccino | Coffee | Espresso)

Damman Tea Frères Teas

Homemade Hot Chocolate

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AED

GETTING IN SHAPE

85

Medley Of Seasonal Sliced Fruits

Cereals

Special K | Muesli | Corn Flakes |
Rice Krispy | Plain Oatmeal | Bran Flakes

With

Berries | Banana

With

Skimmed Milk | Soya Milk

Your Choice Of Freshly Squeezed Juice

Orange | Grapefruit | Mango | Carrot - Apple-Orange

Your Choice Of

Malongo French Press

Nespresso Specialties (Latte | Cappuccino | Coffee | Espresso)

Dammann Frères Teas

Homemade Hot Chocolate

(Your Low Fat / Low Calorie Meal)

80gm Unsweetened Cereal-Carbohydrates-200Kcal

100gm Of Light Cottage Cheese-Protein-Calcium-55Kcal

Fresh Fruits-Vitamins-150Kcal

Total 405Kcal

Your Choice Of Freshly Squeezed Juice (Kcal / 200ml)

Orange 94-Kcal | Grapefruit 79-Kcal | Mango 80-Kcal



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AED

WAFFLES AND PANCAKES

55

Belgian Waffles

Crispy Belgian Waffles, Orange Cream, Caramelized Pecan Nuts And Fresh Berries

Or

Pancakes

Blueberry Pancakes With Vanilla Cream

Or

Crêpes

Chocolat-Caramel Crêpes With Cream And Hazelnuts

Or

French Toast

Homemade Brioche French Toast Stuffed With Almond Cream, Dried Fruits And Pecan Nuts

Served With Vanilla Maple Syrup

ON THE GO (Take Away)

98

For Early Birds

Croissant, Pain Au Raisin, Muffin Of The Day

Ham & Cheese Sandwich

Sliced Fruits

Flavoured Yoghurt

Orange Juice

Water

Coffee / Tea

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A LA CARTE

AED

FRUITS

Medley Of Seasonal Exotic Sliced Fruit	90
Seasonal Sliced Fruits Plate	65
Smoothie (Milk And Fruits Of The Season)	45
Fresh Fruit Salad	45
Fresh Grapefruit Supreme Salad	45

YOGURTS

Low-Fat Yogurt	30
Plain Yogurt	30
Fruit Flavoured Yogurt	30
Low-Fat Yogurt And Berry Granola Parfait	65

CEREALS

Select Your Cereals	30
Special K Muesli Corn Flakes Granola	
Rice Krispy Plain Oatmeal Bran Flakes	
Warm Oatmeal, Caramelized Green Apples And Red Pears	65

CHEESE

Select Your Two Types of Cheese	45
Brie Gouda Swiss Roblochon Feta	
Edamme Blue Cheese Goat Cheese	

EGGS CORNER

Two Fresh Eggs Any Style	55
Over Easy Sunny Side Up Scrambled Boiled Poached Well-Done	
Three Eggs Omelette Filled With Your Choice Of 3 Ingredients	65
Swiss Cheese Feta Cheese Goat Cheese Turkey Ham	
Bell Peppers Mushrooms Tomatoes	
Chives Spinach Smoked Salmon Red Onions	
Scrambled Eggs	65
With Your Choice Of	
Lamb Bacon Veal Sausage Turkey Ham Chicken And Herb Sausage	
Scrambled Eggs White	75
Portobello Mushrooms, Spinach, Sun Dried Tomatoes	
And Whole Wheat Toast	

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LUNCH & DINNER SNACK TRAYS

11.30am - 05.00am

AED

LOBSTER SALAD 85
Gazpacho Shooter | Omani Lobster | French Beans | Fresh Coriander | Lemon Zest

PETIT HERB SALAD HERB 55
Mix Green Lettuce | Green Asparagus | Toasted Coriander Vinaigrette

CAESAR SALAD 75
Romaine | Parmesan | Croutons | Beef Bacon | Roasted Chicken Breast | Boiled Egg | Caesar Dressing

ARABIAN COLD PLATTER 65
Hummus | Baba Ghanoush | Tabouleh | Falafel | Olives | Pickled Vegetables | Raita | Fresh Lebanese Bread | Croutons

SALMON TARTINE 70
Grilled Farmer's Bread | Smoked Salmon | Pickled Cucumber | Caper Berries | Lemon | Black Pepper Cream | Mesclun Salad

MILLE FEUILLE OF TOMATO MOZZARELLA 65
Toasted Focaccia | Mozzarella Cheese | Grilled Tomato | Wild Rocket | Pesto Cream

CLUB SANDWICH 75
Grilled Bread | Roasted Chicken Breast | Fried Egg | Lettuce | Tomatoes | Cucumber | Beef Bacon | French Fries | Sundry Mayonnaise | Green Salad

CAPITAL-BURGER 90
Angus Beef | Aged Cheddar | Sautéed Mushrooms | Onions Marmalade | Grilled Tomato | Mustard Mayonnaise | Mesclun Salad | French Fries

HOT MEZZEH 65
Meat Sambousek | Spinach Fatayer | Cheese Rokakat | Kibbeh | Garlic Labneh Dip | Olives & Tomatoes

CRISPY CALAMARI 85
Chipotle | Thai Oyster Sauce | Roasted Garlic

PORPIAGOONG 45
Deep Fried Prawn Spring Roll | Sweet Chili Sauce

PAD THAI NOODLE 65
Stir fried noodles | Asian vegetables | Crushed peanuts

INDIAN PLATTER 55
Spiced Chicken | Fried Vegetable Samosa | Mint Chutney | Onion Tomato Salad

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DINNER

6.00pm - 11.00pm

	AED
ENTREE	
Harira Soup Lemon Dates	35
Lentil Soup Falafel Coriander Cream	45
Tom Yam Goong Spicy Prawn Soup Mushroom	45
Crab Meat & Citrus Fruits Crab Meat Orange Grape Fruit Labneh Salmon Roe Chive	85
Baked Goat Cheese Marinated Goat Cheese Glazed Pears Walnut Bread Tomato Mango Vinaigrette	65
Warm Chicken & Leek Crumble Confit Shallots Mesclun Salad Pine Nut Vinaigrette	75
SOUP OF THE DAY	
Chicken & Mushroom Velouté Truffle Oil Garlic Crouton	35
Herb Crusted Tuna Fennel Quail Egg Arugula Red Pepper Coulee	70
Salad & Vegetables Grilled Vegetables Iceberg Salad Toasted Cumin Vinaigrette	35
Seafood Platter Langoustines Tiger Prawns Lobster King Crab Oysters Bigorneau Assorted Accompaniments	340
Cheese Platter Selection Of Six French Artisan Cheeses Fig Cumquat Pear Toasted Nuts Truffle Honey Assorted Toasted Croutons	120
PASTAS	
Risotto Parmesan Arugula Roasted Cherry Tomatoes	65
Tagliatelli Bolognese Minced Meat Tomato Sauce Parmesan	60
Penne Arabiata Grilled Calamari Chile Flakes Olives Tomato Sauce	60
Spaghetti Green Asparagus Cherry Tomato Pesto Cream Sauce	60

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	AED
MAIN COURSE	
Thai Green Curry Steamed Rice Beef	100
Tiger Prawns Grilled Prawns French Beans Cherry Tomato Steam Rice Orange Cream Sauce	135
Veggie Or Chicken Biryani Mint Raita Poppadum's	100
Beef Tenderloin Beef Medallions Beef Bacon Sauté Mushroom Ragout Mustard Mash Thyme Jus	150
Grilled Salmon Puy Lentil Green Apple Pepper Confit Lobster Pomegranate Vinaigrette	145
Stuffed Chicken Breast Spinach Ricotta Cheese Pine Nuts Green Asparagus Thyme Jus	145
Assorted Mixed Grill Grilled Kebab Kofta Shish Tawook Arayes Oriental Rice.	175
Lamb Chops Grilled Lamb Chops Crushed Butter Nut Squash Sautéed Zucchini Herb Aioli	155
Grilled Hammour Baby root vegetables Celeriac Puree Tomato coulee	100
Stir fried Chicken Green asparagus Spring Onions Cashew Nuts Jasmine Rice	95
DESSERTS	
Assorted Oriental Pastry	50
Minestrone Fruit Seasonal	40
Crème Brulée A La Lavande De Provence	40
White And Dark Chocolate Mouse With A Set Of Mikado's	50
The Opéra De Paris	45
Le Paris Breast	45
Basket of Fruits For Two	60
Sliced Fruits	45
Ice Cream And Sorbet (Per Scoop)	15
Um Ali	45

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DELICIOUS LOW-CALORIE GASTRONOMY
De-Light by Sofitel



APPETIZERS

Spicy Grilled Shrimps 65
Marmalade Of Tomato / Fennel With Orange / Cider Vinaigrette
85Kcal

Tuna Mousse 48
Stuffed In A Poached Tomato
65Kcal

MAIN COURSES

PanSeared Hammour 95
Raz El Hanout Marinade / Lobster Cream
250Kcal

Rack Of Lamb 128
Hay Roasted / Green Peas Cream
340Kcal

DESSERTS

Floated Islands 26
With Chocolate Curls
140Kcal

Vanilla Panacotta 26
With Red Fruits
140Kcal

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CHILDREN'S MENU

THREE COURSE KIDS MENU (12 YRS AND UNDER)

90

Including A Glass Of Juice Or Soda

Appetizers: Or 30 À La Carte
Tomato Carpaccio | Mozzarella Cheese
Crudit  | Dip
Green Salad
Chicken Consomm |VegetablePerl's

Main Courses: Or 45 À La Carte
Cheese Burger With French Fries
Chicken Escalope | Steamed Vegetables | Mashed Potatoes
Salmon | Risotto |Green Peas
Penne Pomodoro | Parmesan

Desserts: Or 30 A La Carte
Cr me Br l e
Vanilla Ice Cream
Chocolate Mousse
Seasonal Fruit Salad
Sliced Fruits

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ROOM SERVICE BEVERAGE LIST

VODKA	GL	BOTTLE
Grey Goose	45	850
Stolichnaya	33	650
Absolut Blue	33	650
GIN	GL	BOTTLE
Tanqueray No. 10	45	850
Beefeater 24	35	700
Gordons	35	700
Bombay Sapphire	35	700
RUM	GL	BOTTLE
Bacardi Superior	33	650
Havana Club 3 Year Old	33	650
Cachaca	33	650
TEQUILA	GL	BOTTLE
Olmecca Silver	33	650
Olmecca Gold	33	650
BLENDED SCOTCH WHISKY	GL	BOTTLE
Johnnie Walker Blue Label	110	2250
Chivas Regal 18 Year	65	1300
Chivas Regal 12 Year	65	800
Johnnie Walker Black Label	40	800
Famous Grouse	33	650
SINGLE MALT WHISKY	GL	BOTTLE
Glenmorangie Original	40	800
Macallan 12 Year Fine Oak	45	850
Glenfiddich 18 Year	45	850
IRISH WHISKY	GL	BOTTLE
Bushmills Original	45	850
Jameson's	35	700

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BOURBON & TENNESSE WHISKEY	GL	BOTTLE
Jim Beam	35	700
Jack Daniels Old No. 7	35	700
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CANADIAN WHISKY	GL	BOTTLE
Canadian Club Rye	35	700
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COGNAC & BRANDY	GL	BOTTLE
Rémy Martin Vs	50	950
Rémy Martin XO	100	1950

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CHAMPAGNE	15CL	75CL
NV Laurent Perrier Brut	100	495
NV Laurent Perrier Brut Rosé	160	800
WHITE WINE	15CL	75CL
CHILE		
Sauvignon Blanc, Los Vascos, Domaine Lafite	38	160
2010 FRANCE		
Michel Lynch, Bordeaux, Sauvignon Blanc	45	195
2009 FRANCE		
Chablis, La Chablisienne	70	300
ROSÉ WINE	15CL	75CL
LEBANON		
Château Ksara, Sunset Rosé	45	195
RED WINE	15CL	75CL
CHILE		
Merlot, Montes	38	160
2009 FRANCE		
Bordeaux, Blend, Lacroix	45	195
2010 ARGENTINA		
Malbec, Terrazas de los Andes	65	275
SWEET WINE	15CL	75CL
FRANCE		
Château D'Armajan des Ormes, Sauternes	60	250

*Should you need a wider selection of wine list, please ask for the wine list.

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PORT & SHERRY

Harveys Bristol Cream	35
Taylor's Tawny Port	45

LIQUEURS

Baileys	33
Cointreau	33
Frangelico	33
Amaretto Disaronno	33
Drambuie	33
Kahlua	33
Southern Comfort	33

BEER

Amstel Lite	25
Stella Artois	25
Budweiser	25
Becks	25
Heineken	25
Corona	28
Guinness	30

CIDER

Savana Dry	25
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COCKTAIL

Mojito Light Rum, Sugar, Freshly Muddled Mint, Lime	50
Bloody Mary Vodka, Tomato Juice, Horseradish, Tabasco, Worcestershire Sauce, Lemon Juice, Celery Salt, Pepper	50
Margarita Tequila, Triple Sec, Lime Juice, Salt Rim	50
Old Fashioned Maker's Mark Bourbon, Simple Syrup, Aromatic Bitters	50
Caipirinha Cachaca, Lime, Sugar	50
Scotch Sour JW Red Label, Lemon Juice, Sugar Syrup	50
Espresso Martini Kahlua, Crème de Cacao, Vodka, Shot of Espresso	50
Kir Royale Champagne, Crème De Cassis	95

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MOCKTAIL

Cucumber Spritzer Freshly Sliced Cucumber, Lemon, Simple Syrup and Crushed Ice	30
Coconut Kiss Fresh Strawberries, Coconut Cream, Pineapple Juice	30
Honey Moon Acacia Honey, Mango Juice, Orange Juice and Fresh Cream	30
Sweet Sunrise Mango Juice, Orange Juice, Lemon Juice and Grenadine	30
Lama Twist Fresh Mint Leaves, Mint Syrup, Lemon Juice and Simple Syrup Topped Up with Sprite	30
Traditional Lemon and Mint Lemon Mint and Sugar Syrup	30

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COFFEE, TEA AND JUICES

HOT BEVERAGES

Freshly Brewed Coffee	22
Café Latté	22
Cappuccino	22
Espresso	22
Double Espresso	28
Decaffeinated	28
Hot Chocolate	28
Selamlique Turkish Coffee	25
Selection Of Dammann Teas	25
Morrocon Tea	25

ICED COFFEE

Iced Cinnamon Dolce Latte	25
Iced Mocha	25
Iced Latte	25
Iced Caramel Macchiato	25
Iced Flavored Latte	25
Iced Café Americano	25

ICED TEA

Lemon	25
Peach	25
Raspberry	25

ENERGY DRINK

Red Bull	24
Red Bull Sugar Free	24

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SOFT DRINKS

Pepsi	19
Pepsi Light	19
Mirinda	19
Bitter Lemon	19
Tonic	19
Soda	19
Ginger Ale	19
7up	19
Diet 7up	19

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FRESHLY SQUEEZED JUICE

Orange	20
Pineapple	20
Watermelon	20
Carrot	20
Mango	20
Grapefruit	20

CHILLED JUICE

Cranberry	19
Tomato	19
Passion Fruit	19
Peach Nectar	19

MINERAL WATER

STILL	Small	Large
Emirates	9	14
Acqua Panna	2	175
Evian	17	25
SPARKLING	Small	Large
Perrier	25	17
San Pellegrino	25	17
Badoit	30	22

TOBACCO

Marlboro Lights	20
Marlboro Red	20

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