

FOOD
EXCHANGE

JAIPUR



SALAD

- QUINOA & AVOCADO SUPERFOOD SALAD

Kcal: 400 | Gram: 250 gm

985

Locally Organic Grown Red & White Quinoa, Avocado, Olive, Mustard Dressing, Baby Greens, Sunflower Seeds & Olive Oil (Healthy & Vegan)
- CAESAR SALAD

Romaine Lettuce, Garlic Croutes, Parmesan Shavings
- Vegetarian

Kcal: 300 | Gram: 150 gm

985
- Chicken

Kcal: 350 | Gram: 200 gm

1050
- Prawn

Kcal: 350 | Gram: 220 gm

1050
- MEDITERRANEAN SPICED CHICKEN SALAD

Kcal: 400 | Gram: 220 gm

1050

Shredded Chicken Al- Faham, Black Olives, Feta Cheese, Bell Peppers, Red Onion, Basil, Lemon, Leafy Greens

SOUP SELECTION

- FENNEL, TOMATO AND PEPPER SOUP

Kcal: 150 | Gram: 220 gm

700

Served with Garlic Bread
- PAPAD MANGODI KA SHORBA

Kcal: 160 | Gram: 220 gm

700

Sun-Dried Yellow Lentil Nuggets Simmered in a Tangy Broth, Blended with Indian Spices
- HOT AND SOUR

Zesty blend of tangy and spicy flavors with tender vegetables and a hint of umami.
- ASIAN VEGETABLES

Kcal: 150 | Gram: 220 gm

700
- CHICKEN

Kcal: 210 | Gram: 220 gm

750
- TOM KHA
- ASIAN VEGETABLE

Kcal: 180 | Gram: 220 gm

700
- CHICKEN

Kcal: 250 | Gram: 220 gm

750
- PRAWN

Kcal: 340 | Gram: 220 gm

850

Coconut Milk, Thai Chillies, Lemongrass

Available from 1100 Hrs. till 2300 Hrs.

Vegetarian

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Non Vegetarian

 | Kcal- Calorie's | Gm - Grams

Chef Special

 |

Contains Ham/Pork

Contains Nuts

 |

Contains Dairy

 |

Contains Gluten

 |

Contains Soy

 |

Contains Sesame

Contains Crustacean

 |

Contains Fish

 |

Contains Sulphite

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Contains Egg

 |

Contains Mustard

Contains Celery

 |

Contains Molluscs

 |

Contains Tree Nuts

 |

Contains Lupin Beans

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APPETIZER

■	ASIAN SPICED VEGETABLE SPRING ROLLS Kcal: 250 Gram: 200 gm
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Deep fried Savoury Rolls Filled With Spiced Vegetables

DIM SUM

■	EDAMAME, AND ASPARAGUS DIMSUM Kcal: 250 Gram: 130 gm Served With Smoked Chilli Oil, Coriander & Scallion, Spicy Asian Sauce	750
▲	CHICKEN & WATER CHESTNUT SUI-MAI Kcal: 350 Gram: 130 gm Served With Smoked Chilli Oil, Coriander & Scallion, Spicy Asian Sauce	850
▲	PRAWN & CHIVES HARGOW Kcal: 250 Gram: 130 gm Served With Smoked Chilli Oil, Coriander & Scallion, Spicy Asian Sauce	950

Available from 1100 Hrs. till 2300 Hrs.

■

 Vegetarian

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 Non Vegetarian

 | Kcal- Calorie's | Gm - Grams

Chef Special

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Contains Ham/Pork

Contains Nuts

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Contains Dairy

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SANDWICH & BURGER

- FOOD EXCHANGE SIGNATURE VEGETABLE BURGER

Kcal: 400 | Gram: 420 gm

1050

Vegetable Patty, Sriracha Mayonnaise, Yellow Cheddar Cheese, Tomato, Cucumber, Fries
- BOMBAY MASALA TOASTIE

Kcal: 490 | Gram: 420 gm

1050

Indian Spiced Potato Mixture, Mint Mayonnaise, Beetroot, Onion, Cheese, Masala Fries
- GRILLED VEGETABLE AND CHEESE SANDWICH

Kcal: 500 | Gram: 450 gm

1050

Grilled Vegetables, Cheddar Cheese, Mustard Mayonnaise, Fries
- VEGETABLE CLUB SANDWICH

Kcal: 500 | Gram: 450 gm

1150

Grilled Vegetables, Cheddar Cheese, Cucumber, Tomato, Mustard Mayonnaise, Fries
- FOOD EXCHANGE SIGNATURE CHICKEN BURGER

Kcal: 650 | Gram: 420 gm

1050

Crunchy Fried Chicken, Mayonnaise, Kimchi Slaw, Fries, Cheddar Cheese, Tomato
- GRILLED CHICKEN AND CHEESE SANDWICH

Kcal: 550 | Gram: 520 gm

1150

Grilled Chicken, Cheddar Cheese, Mayonnaise, Fries
- CLASSIC CLUB SANDWICH

Kcal: 600 | Gram: 520 gm

1250

Streaky Bacon, Roasted Chicken, Cheddar Cheese, Mayonnaise, Tomato, Dijon Mustard

KATHI ROLLS

- PANEER KATHI ROLL

Kcal: 450 | Gram: 240 gm

950

Panner Tikka, Bell Peppers, Onion Served with Mint Chutney
- CHICKEN KATHI ROLL

Kcal: 500 | Gram: 240 gm

1050

Chicken Tikka, Egg, Bell Peppers, Onion Served with Mint Chutney

WESTERN MAINS

- FISH 'N' CHIPS

Kcal: 800 | Gram: 250 gm

1150

Pea Mash, House Salad, Tartar Sauce, Malt Vinegar, Fries
- SAGE ROAST CHICKEN WITH RED SOFRITO

Kcal: 600 | Gram: 350 gm

1200

Potato Mash, Baby Herbs, Red Sofrito Sauce, Red Wine Jus (Healthy)
- NORWEGIAN SALMON

Kcal: 600 | Gram: 320 gm

2250

Potato & Olive Mash, Grilled Bok Choy, Sauce Vierge (Healthy)

Available from 1100 Hrs. till 2300 Hrs.

- Vegetarian | Non Vegetarian | Kcal- Calorie's | Gm - Grams
- Chef Special | Contains Ham/Pork
- Contains Nuts | Contains Dairy | Contains Gluten | Contains Soy | Contains Sesame
- Contains Crustacean | Contains Fish | Contains Sulphite | Contains Egg | Contains Mustard
- Contains Celery | Contains Molluscs | Contains Tree Nuts | Contains Lupin Beans

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PASTA & RISOTTO

OPTIONS: GLUTEN FREE PENNE PASTA & WHOLE WHEAT PASTA

Spaghetti, Penne, Fusilli

	AGLIO OLIO E PEPERONCINO Kcal: 600 Gram: 240 gm Extra Virgin Olive Oil, Golden Garlic, Chilli Flakes, Parsley (Vegan Available)	925
	FRESH BASIL PESTO Kcal: 650 Gram: 270 gm Fresh Basil Pounded with Pine Nuts, Aged Cheese	995
	ALFREDO AI FUNGI Kcal: 800 Gram: 350 gm White Mushrooms, Cream Sauce, Parmesan Cheese	995
	PASTA AL POMODORO Kcal: 500 Gram: 350 gm Fresh Tomato, Garlic, Basil, Grana Padano Cheese (Vegan Available)	995
	PUMPKIN RAVIOLI WITH SAGE BROWN BUTTER Kcal: 700 Gram: 220 gm Small Pasta Envelope Stuffed with Pumpkin	995
	GOURMET MUSHROOM RISOTTO Kcal: 700 Gram: 350 gm Wild Mushrooms Purée, Truffle Oil, Sautéed Mushroom, Parmesan Cheese	1075
	PASTA ALLA CARBONARA (BACON) Kcal: 570 Gram: 350 gm Bacon, Eggs, Parmesan Cheese	1095

HAND CRAFTED PIZZA

OPTIONS: NAPOLI, THIN CRUST, GLUTEN FREE

	CLASSIC MARGHERITA PIZZA Kcal: 300 Gram: 350 gm Fresh Basil, Cherry Tomatoes and Mozzarella Cheese	950
	QUATTRO FORMAGGI Kcal: 700 Gram: 400 gm Classic Four Cheese Pizza with Mozzarella, Parmesan, Gorgonzola and Fontina	1050
	FOOD EXCHANGE SPECIAL PIZZA Kcal: 300 Gram: 360 gm Fresh Vegetables, Artichoke, Olive, Spinach, Feta Cheese	1095
	PANEER TIKKA PIZZA Kcal: 350 Gram: 380 gm Paneer Tikka, Tomatoes, Pickled Onions	1095
	CHICKEN TIKKA PIZZA Kcal: 370 Gram: 380 gm Chicken Tikka, Tomatoes, Pickled Onions	1150
	SPICY PEPPERONI Kcal: 380 Gram: 380 gm Pork Pepperoni, Extra Virgin Olive Oil and Mozzarella Cheese	1150

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Non Vegetarian

Kcal- Calorie's

Gm - Grams

Chef Special

Contains Ham/Pork

Contains Nuts

Contains Dairy

Contains Gluten

Contains Soya

Contains Sesame

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MAIN COURSE - ASIAN MAINS

THAI CURRY (RED/GREEN)

Home Made Thai Curry, Steamed Jasmine Rice

CHOICE OF:

	Asian Vegetable	Kcal: 275 Gram: 280 gm	850
	Chicken	Kcal: 374 Gram: 280 gm	950
	Prawn	Kcal: 396 Gram: 280 gm	975

STIR FRIED IN CHOICE OF SAUCE

Burnt Garlic/Schezwan/Hot Garlic/Chilli Bean/Kung Pao

CHOICE OF:

	Asian Vegetables	Kcal: 330 Gram: 260 gm	1050
	Chicken	Kcal: 440 Gram: 260 gm	1150
	Prawn	Kcal: 264 Gram: 260 gm	1200

HAKKA NOODLES

CHOICE OF:

	Asian Vegetables	Kcal: 200 Gram: 220 gm	950
	Chicken	Kcal: 250 Gram: 220 gm	1050
	Prawn	Kcal: 350 Gram: 220 gm	1050

FRIED RICE

(Schezwan/Burnt Garlic)

CHOICE OF:

	Asian Vegetables	Kcal: 250 Gram: 220 gm	950
	Chicken	Kcal: 300 Gram: 220 gm	1050
	Prawn	Kcal: 350 Gram: 220 gm	1150

Available from 1100 Hrs. till 2300 Hrs.

 Vegetarian |  Non Vegetarian | Kcal- Calorie's | Gm - Grams

 Chef Special |  Contains Ham/Pork

 Contains Nuts |  Contains Dairy |  Contains Gluten |  Contains Soy |  Contains Sesame

 Contains Crustacean |  Contains Fish |  Contains Sulphite |  Contains Egg |  Contains Mustard

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INDIAN MAINS

■	SUBZ NIZAMI HANDI	 	Kcal: 300 Gram: 260 gm	900
Local Fresh Vegetables, Yellow Gravy with Ghee Tossed Brown Onion and Indian Spices (Vegan Available)				
■	GATTA CURRY	  	Kcal: 350 Gram: 260 gm	950
Gram Flour, Mustard Oil, Asafoetida, Dry Fenugreek Leaves, Green Chilli & Curd, Ghee with Indian Spices				
■	MAKAI LASOONI PALAK	 	Kcal: 250 Gram: 260 gm	995
Farm Fresh Spinach, American Corn, Tempered With Garlic & Asafoetida Healthy Vegan Available				
■	AMRITSARI PIND DA CHOLEY	 	Kcal: 300 Gram: 260 gm	995
Preparation Of Chickpeas, Spicy And Tangy, With Flavours of Garlic, Whole Spices, Pomegranate Seeds				
■	JODHPURI ALOO PYAAZ KI SUBZI	 	Kcal: 350 Gram: 260 gm	995
Baby Potatoes Tossed in A Delectable Amalgam of Whole Spices And Spice Powders				
■	KHICHDI (PLAIN /MASALA / VEGETABLE)	 	Kcal: 350 Gram: 400 gm	950
Yellow Lentil, Rice, Asafoetida, Coriander, Cumin (Healthy)				
■	YELLOW DAL TADKA	 	Kcal: 250 Gram: 260 gm	995
Organic Yellow Lentil, Onion, Garlic, Asafoetida, Coriander (Healthy)				
■	QASR E PUKHTAN	  	Kcal: 400 Gram: 260 gm	1050
Stuffed Dumplings with Dried Nuts in Rich Tomato, Pumpkin & Cashewnut Gravy, Indian Spices				
■	PANEER NAGOURI	  	Kcal: 350 Gram: 260 gm	1050
Cottage Cheese In Smoked Onion & Tomato Gravy, Nagouri Methi				
■	DAL MAKHANI		Kcal: 350 Gram: 260 gm	1050
Black Lentils Cooked Overnight On Clay Oven Finished With Butter And Cream				
▲	PUNJABI STYLE CHICKEN	 	Kcal: 400 Gram: 260 gm	1250
Punjabi Style Tandoor Cooked Chicken Simmered in Tomato Gravy				
▲	TARI WALA KUKKAD		Kcal: 350 Gram: 260 gm	1250
Chicken With Bone, Onion, Tomato, Whole Indian Spices				
▲	LAAL MAAS	 	Kcal: 270 Gram: 300 gm	1350
Lamb, Mathania Chilli, Curd, Onion, Whole Indian Spices				
■	STEAMED RICE		Kcal: 300 Gram: 350 gm	650

■ Vegetarian | ▲ Non Vegetarian | Kcal- Calorie's | Gm - Grams

 Chef Special |  Contains Ham/Pork

 Contains Nuts |  Contains Dairy |  Contains Gluten |  Contains Soya |  Contains Sesame

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INDIAN BREADS

- NAAN (02 Pieces)

Plain Kcal: 300 | Gram: 120 gm
Garlic Kcal: 350 | Gram: 120 gm
Cheese Kcal: 400 | Gram: 120 gm
Butter Kcal: 350 | Gram: 120 gm

395
- PARATHA (02 Pieces)

Laccha
Pudina

Kcal: 200 | Gram: 110 gm

395
- KULCHA (02 Pieces)

Paneer Kcal: 230 | Gram: 180 gm
Aloo Kcal: 250 | Gram: 180 gm
Amritsari Kcal: 250 | Gram: 180 gm

395
- TANDOORI ROTI (02 Pieces)

Tandoori Kcal: 100 | Gram: 100 gm
Missi (Gluten Free) Kcal: 200 | Gram: 100 gm

395
- TAWA PHULKA (03 Pieces)

Plain
Butter

Kcal: 70 | Gram: 100 gm

395

MAA KI RASOI (Local, Seasonal, Organic)

- PANCH PHORON TARKARI

"5 Pickling Spiced", Mix Vegetable

Kcal: 210 | Gram: 260 gm

850
- LEHSUNI PALAK

Farm Fresh Spinach, Tempered with Garlic & Asafoetida (Healthy | Vegan Available)

Kcal: 250 | Gram: 260 gm

995
- ALOO MATAR

Baby Potatoes Tossed in Whole Jeera And Fenugreek

Kcal: 306 | Gram: 260 gm

995
- MAA KI DAL

Organic Yellow Lentil, Jeera, & Asafoetida
(Healthy | Vegan Available)

Kcal: 250 | Gram: 300 gm

995
- BHINDI MASALA

Fresh Garden Lady Finger with Home Style Fresh Spices

Kcal: 180 | Gram: 260 gm

995
- GOBHI MATAR ADRAKI

Local Cauliflower Braised with Indian Spices & Tomato

Kcal: 315 | Gram: 260 gm

995
- ALOO JEERA HING

Haldwani Aloo Braised with Jeera, Asafoetida & Indian Spices

Kcal: 315 | Gram: 260 gm

995

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Vegetarian

Non Vegetarian

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Gm - Grams

Chef Special

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Contains Soya

Contains Sesame

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BIRYANI

- ▲

SUBZ DUM BIRYANI

Flavoured Rice, Mix Vegetables, Whole Spices, Saffron, Ghee
Served With Mirchi Ka Salan & Raita

1150
- ▲

MURGH DUM BIRYANI

Flavoured Rice, Chicken With Bone, Whole Spices, Saffron, Ghee, Coriander, Mint, Brown Onion
Served With Mirchi Ka Salan & Raita

1250
- ▲

GOSHT DUM BIRYANI

Flavoured Rice, Lamb With Bone, Whole Spices, Saffron, Ghee, Coriander, Mint, Brown Onion
Served With Mirchi Ka Salan & Raita

1250

JAIN FOOD

INDIAN SELECTION

- KHICHDI (PLAIN /MASALA / VEGETABLE)

Yellow Dal, Rice, Ghee

950
- YELLOW DAL TADKA

Yellow Lentil, Jeera, Asafoetida

995
- BHINDI MASALA

Fresh Garden Lady Finger with Home Style Fresh Masala & Spices

995
- PANEER MAKHANI

Cottage Cheese, Tomato & Cashewnut Gravy

1050
- METHI MATAR MALAI

Creamy Indian Gravy Flavoured with Fenugreek

1050
- VEGETABLE PULAO

Rice Cooked with Vegetables and Aromatic Spices

625

JAIN PASTA & RISOTTO

- PENNE ALFREDO

Penne Pasta In Cream Sauce (Gluten Free Available)

925
- SPAGHETTI IN POMODORO SAUCE

Spaghetti Pasta, Basil, Pomodoro Sauce (Vegan Available)

925
- GOURMET TOMATO RISOTTO

Fresh Tomato Purée, Cherry Tomato, Parmesan Cheese

975

■ Vegetarian | ▲ Non Vegetarian | Kcal- Calorie's | Gm - Grams

👨‍🍳 Chef Special | 🐷 Contains Ham/Pork

🥜 Contains Nuts | 🥛 Contains Dairy | 🌾 Contains Gluten | 🥚 Contains Soy | 🌿 Contains Sesame

🦀 Contains Crustacean | 🐟 Contains Fish | ⚠️ Contains Sulphite | 🥚 Contains Egg | 🌿 Contains Mustard

🌿 Contains Celery | 🐌 Contains Molluscs | 🌿 Contains Tree Nuts | 🌿 Contains Lupin Beans

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DESSERT

	COLD CHEESE CAKE    Kcal: 300 Gram: 180 gm	650
Contains Egg, Cream Cheese, Sugar and Fresh Cream		
	THE ADDRESS  Kcal: 300 Gram: 200 gm	650
70% Dark Belgium Chocolate, Milk, Fresh Cream, Honey And Sea Salt		
	ALMOND CRUNCHY CAKE     Kcal: 350 Gram: 180 gm	650
Almond Powder, Cocoa Powder, Milk, Butter and Almond Flakes		
	STUFFED GULAB JAMUN    Kcal: 250 Gram: 180 gm	695
Condensed Milk, Refined Flour, Pistachio		
	MINI MALAI GHEWAR    Kcal: 300 Gram: 160 gm	695
Rabri, Dry Fruits		
	KESARI RASMALAI   Kcal: 250 Gram: 180 gm	695
Milk, Saffron, Pistachio		
	SEASONAL FRESH FRUIT PLATTER Kcal: 80 Gram: 160 gm	695
	TENDER COCONUT PARFAIT (VEGAN) Kcal: 300 Gram: 180 gm	695
Chocolate, Coconut Cream		
	TIRAMISU (CONTAINS ALCOHOL)    Kcal: 300 Gram: 180 gm	695
Kahlúa, Finger Biscuit, Chikmagalur Coffee Powder		
	CHOICE OF ICECREAM  Kcal: 220 Gram: 120 gm	
Single Scoop		400
Double Scoop		475
Ask Your Server For Flavors Selection		

KIDS MENU

SOUP

	MAMA'S FAVOURITE TOMATO SOUP   Kcal: 100 Gram: 150 gm	550
Fresh Tomato, Basil, Served With Pesto Croutons		
	CHICKEN NOODLE SOUP    Kcal: 50 Gram: 150 gm	600
Chicken Broth, Noodles & Asian Vegetables		

Available from 1100 Hrs. till 2300 Hrs.

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-  Contains Crustacean |  Contains Fish |  Contains Sulphite |  Contains Egg |  Contains Mustard
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APPETIZER

- VEGETABLE NUGGETS



Kcal: 350 | Gram: 150 gm

600

Crumb Fried Seasonal Vegetable Nuggets, Cocktail Sauce
- ▲

FISH FINGER



Kcal: 250 | Gram: 150 gm

775

Crumb Fried Fish, Tartar Sauce

MAIN COURSE

- ORGANIC WHEAT DALIYA



Kcal: 200 | Gram: 300 gm

350

Daliya Preparation with Choice of Milk, Water or Masala (Vegan Available)
- JERRY'S FAVOURITE CHEESE TOAST



Kcal: 180 | Gram: 180 gm

750

Bellpepper and Cheese on Toast
- PINOCCHIO'S PENNE



Kcal: 300 | Gram: 180 gm

750

Penne In Cream Sauce (Gluten Free Available)
- RAPUNZEL'S SPAGHETTI



Kcal: 250 | Gram: 180 gm

750

Spaghetti in Tomato Sauce (Vegan Available)
- MINNIE'S BURGER



Kcal: 180 | Gram: 250 gm

750

Vegetable Patty, Yellow Cheddar Cheese, Mayonnaise Fries
- ▲

MICKEY'S BURGER



Kcal: 230 | Gram: 250 gm

750

Crunchy Fried Chicken, Yellow Cheddar Cheese, Mayonnaise Fries
- PIZZA MARGHERITA



Kcal: 230 | Gram: 250 gm

750

Fresh Basil, Cherry Tomato
- HAKKA NOODLE



CHOICE OF:

●

Vegetables

Kcal: 150 | Gram: 150 gm

450

▲

Egg

Kcal: 200 | Gram: 150 gm

525

▲

Chicken

Kcal: 250 | Gram: 150 gm

575

DESSERT

●

CHOICE OF ICECREAM



Kcal: 220 | Gram: 120 gm

400

Single Scoop

Double Scoop

Ask Your Server For Flavors Selection

475

●

SEASONAL FRESH FRUIT PLATTER



Kcal: 80 | Gram: 120 gm

695

Healthy | Vegan

● Vegetarian | ▲ Non Vegetarian | Kcal- Calorie's | Gm - Grams

 Chef Special |  Contains Ham/Pork

 Contains Nuts |  Contains Dairy |  Contains Gluten |  Contains Soy |  Contains Sesame

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