

## FLOW KITCHEN BREAKFAST MENU

### International Buffet

6:30am-11:00

**Continental Breakfast 120**

**Full Breakfast Experience 160**

#### FRUITS AND YOGHURTS

|                                                 |    |
|-------------------------------------------------|----|
| Sliced seasonal fruit plate with cottage cheese | 60 |
| Selection of seasonal berries                   | 55 |
| Yoghurt- natural, fruit or low fat              | 45 |
| Yoghurt and granola parfait with berry compote  | 50 |

#### BAKERY SELECTION

|                                    |    |
|------------------------------------|----|
| <b>Croissant:</b>                  | 16 |
| Plain, chocolate, almond or zaatar |    |

|                                                                                                      |    |
|------------------------------------------------------------------------------------------------------|----|
| <b>Baker's basket, your selection of any three</b>                                                   | 48 |
| Plain, chocolate or almond croissant (N), danish pastries, Brioche, muffin, doughnut or banana bread |    |
| Served with two slices of toast                                                                      |    |

#### EGGS AND OMELETTES

|                                                               |    |
|---------------------------------------------------------------|----|
| <b>Two eggs cooked any style</b>                              | 75 |
| Fried, sunny side-up, over easy, scrambled, poached or boiled |    |

|                                                                                     |    |
|-------------------------------------------------------------------------------------|----|
| <b>Eggs Benedicts or Florentine</b>                                                 | 80 |
| Classic with turkey ham, spinach and hollandaise sauce, on a toasted English muffin |    |

|                                                           |    |
|-----------------------------------------------------------|----|
| <b>Three egg omelette</b>                                 | 85 |
| Served with your choice of vegetables, cheese, turkey ham |    |

|                                                                                                               |    |
|---------------------------------------------------------------------------------------------------------------|----|
| <b>Egg white omelette</b>  | 75 |
| With herb grilled vine tomatoes, asparagus, steamed spinach, roasted nuts and pumpkin seed bread              |    |

#### BREAKFAST FAVOURITES

|                                                             |    |
|-------------------------------------------------------------|----|
| <b>Cheese platter (N)</b>                                   | 65 |
| International breakfast cheese plate, fig jam & fruit bread |    |

|                                             |    |
|---------------------------------------------|----|
| <b>Croissant and scrambled egg sandwich</b> | 75 |
| With crushed avocado, brie and tomato       |    |

|                                                   |    |
|---------------------------------------------------|----|
| <b>Buttermilk pancakes</b>                        | 75 |
| With berry compote, whipped cream and maple syrup |    |

|                                                    |    |
|----------------------------------------------------|----|
| <b>Brioche French toast</b>                        | 75 |
| With cinnamon sugar, peach compote and maple syrup |    |

|                                                   |    |
|---------------------------------------------------|----|
| <b>Waffles</b>                                    | 75 |
| With berry compote, whipped cream and maple syrup |    |

|                                  |    |
|----------------------------------|----|
| <b>Bircher muesli</b>            | 50 |
| With grated apple and almond (N) |    |

|                                  |    |
|----------------------------------|----|
| <b>Hot oatmeal porridge</b>      | 50 |
| Cinnamon, raisin and brown sugar |    |
| Served with milk or cream        |    |

#### THE WAKE UP CALL

|                                       |    |
|---------------------------------------|----|
| <b>Espresso/Double espresso</b>       | 28 |
| <b>Latte, Cappuccino, Mocha</b>       | 32 |
| <b>Fairmont Tea Selection</b>         | 28 |
| <b>Fresh Juice</b>                    | 35 |
| Orange, mango, pineapple, green apple |    |

All egg dishes (except lifestyle  options) are accompanied by grilled tomato, hash browns, grilled asparagus and sautéed mushrooms with your choice of chicken or veal sausages, beef or turkey bacon

(A)= Alcohol (N)= Nuts

 Please advise of any dietary requirements or allergies and our chefs will be delighted to assist.  
All prices are in Dirhams and are inclusive of 7% municipality fees, 10% service charge and 5% VAT.

(A) = المكسرات (N) = الكحول

يرجى التواصل مع فريق المطعم لأى من المتطلبات الغذائية أو للأشخاص ذوى حساسية لأى من أنواع الطعام وسيكون طهاة المطعم مستعدون للمساعدة  
جميع الأسعار بالدرهم وتشمل 7% رسوم البلدية و 10% رسوم الخدمة و 5% ضريبة القيمة المضافة

# JUST FOR KIDS

*Fairmont*  
THE PALM

## VERY VEGGIE PLATE (v)

Carrots, cucumber, celery with honey yoghurt dip

30

## SAY CHEESE! PLATTER (v)

Cheddar cheese and grape skewers

35

## GARDEN SALAD (v)

Romaine lettuce, cherry tomato, cucumber, carrot, citrus dressing

30

## KIDS BURGER

Beef or grilled chicken, cheddar cheese, lettuce, tomato, fries

45

## GRILLED CHEESE SANDWICH (v)

White or multigrain bread, cheddar, fries

38

## FISH FINGERS

Crumbed fish strips, tartar sauce

48

## CHICKEN TENDERS

Crumbed chicken breast strips, fries

55

## GRILLED CHICKEN BREAST

Mashed potato, buttered carrots and peas

60

## GRILLED SEABASS or SALMON

Mashed potato, buttered carrots and peas, lemon

60

## CHICKEN FRIED RICE

With mixed vegetables

48

## TOMATO SOUP (v)

Creamy tomato and basil

35

## CHICKEN NOODLE SOUP

Clear chicken broth with noodles and vegetables

38

## MAC + CHEESE (v)

Macaroni, cheddar cheese sauce

45

## PIZZA MARGHERITA (v)

Tomato sauce, mozzarella

40

## PIZZA PEPPERONI

Beef pepperoni, tomato sauce, mozzarella

45

## TRIPLE CHOCOLATE BROWNIE AND VANILLA ICE CREAM (n)

28

## RICE CRISPY TREAT AND HOMEMADE STRAWBERRY MARSHMALLOW (n)

28

## GIANT CHOCOLATE BOUNTY MACAROON (n)

28

## ICE CREAM (VANILLA, CHOCOLATE, STRAWBERRY) 20

PER SCOOP

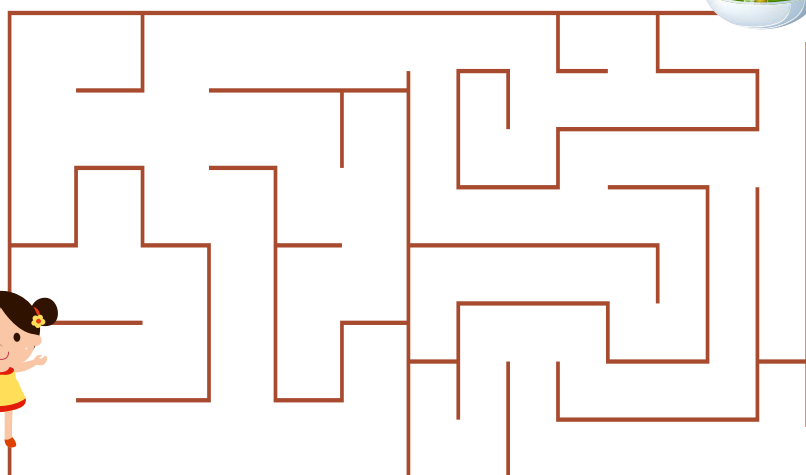
(v) = Vegetarian (n) = Nuts

Please inform your server if your child has any food allergies.

Our Chefs will be happy to provide a dish to cater to your little ones needs. All prices are in UAE Dirhams and are inclusive of a 7% municipality fee, 10% service charge and 5% VAT.

جميع الأسعار بالدرهم وتشمل 7% رسوم البلدية و 10% رسوم الخدمة و 5% ضريبة القيمة المضافة.

Emma is hungry. Take Emma to her salad.



Count the number of burgers, pizzas and sandwiches:



\_\_\_\_\_

Connect the dots and colour the picture



It's easy to find  
a five star hotel in  
Dubai but it's hard  
to find Dubai in a  
five star hotel

### SIMPLY CLASSIC 110

Apple | Melon | Chocolate | Mint | Grape  
Orange | Guava | Peach | Kiwi | Saloom  
Lemon | Strawberry | Mango | Watermelon

### DOUBLE TROUBLE 120

Grape Mint | Lemon Mint | Orange Mint  
Watermelon Mint | Chocolate Mint | Strawberry Mint

### MASTER SOMMELIER BLENDS 140

**Sunset Splash**  
Lemon, Mint, Orange

**Palm Passion**  
Watermelon, Peach, Berry

**Purple Rain**  
Grape, Orange, Guava

**Egyptian Paradise**  
Double Apple, Peach

**A Taste of Summer**  
Peach, Strawberry, Watermelon

Allow our in-house sommelier  
and expert team to guide you  
through our varied choice  
of homemade blends and  
flavours, suggesting lighter  
flavours such as peach and  
guava for those who haven't  
tried shisha before, or a mixed  
fruit blend for those who are  
more familiar with shisha

### SIGNATURE SHISHA 210

Vanilla | Coco Jumbo | Blue Mist Cappuccino | Bubble Gum | Pina Colada

We invite you to sit back and relax amid the tranquil settings at Fairmont The Palm,  
and enjoy our friendly impeccable service

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### كلاسيكية بكل بساطة

١١٠

تفاح | شمام | شوكولاتة | نعناع | عنب  
برتقال غوافا | دراق | كيوي | صالون | ليمون  
فراولة مانغا | بطيخ

١٢٠

### مزاج مزدوج

عنب ونعناع | ليمون ونعناع | برتقال ونعناع  
بطيخ ونعناع | شوكولاتة ونعناع | فراولة ونعناع

من السهل أن تجد  
فندق خمس نجوم في  
دبي ولكن من الصعب  
أن تجد دبي في  
فندق خمس نجوم

### خلطات كبير السقاة ١٤٠

نسيم الغروب  
ليمون، نعناع، برتقال

شغف النخيل  
بطيخ، دراق، فراولة

المطر البنفسجي  
عنب، برتقال، غوافا

الجنة المصرية  
تفاحتان، دراق

مذاق الصيف  
دراق، فراولة، بطيخ

دع كبير السقاة لدينا  
وفريقنا المتخصص يساعدك  
في الاختيار من بين مجموعة  
متنوعة من الخلطات والنكهات  
التي نمزجها خصيصاً لضيوفنا،  
فيقترحان النكهات الخفيفة كالدراق  
والغوافا على من لم يجرب  
الشيشة من قبل، أو خلطة من  
عدة فواكه على من هم معتادون  
أكثر على الشيشة

٢١٠

### شيشة توقيع

فانيلا | كوكو جامبو | بلو ميست كابوتشينو | بابل غام | بينا كولا

ندعوكم للجلوس والاسترخاء في الجو الهادئ لفيرمونت النخلة، والاستمتاع  
بخدمتنا الودية الممتازة

جميع الاسعار بالدرهم وتشمل ٧٪ رسوم البلدية و ١٠٪ رسوم الخدمة و ٥٪ ضريبة القيمة المضافة

|                                       |            |                                              |           |
|---------------------------------------|------------|----------------------------------------------|-----------|
| <b>Flow International Food Buffet</b> | <b>195</b> | <b>Soft Beverage Package</b>                 | <b>45</b> |
| <b>Cold Bar &amp; Dessert Station</b> | <b>130</b> | (Water & soft drinks)                        |           |
| <b>Dessert Station</b>                | <b>75</b>  | <b>Alcoholic Beverage Package</b>            | <b>95</b> |
|                                       |            | (Two glasses of wine or two bottles of beer) |           |

## APPETIZERS, SALADS AND MEZZEH

**Caesar Salad** 80  
Hearts of Romaine lettuce tossed with beef bacon, garlic croutons and Caesar dressing

**With Grilled Chicken** 90  
**With Grilled Prawns (4 pieces )(S)** 95

**Caprese Salad** 🌿 (V) (N) 85  
Vine ripened tomatoes, buffalo mozzarella, olive and basil

**Tuna Nicoise** 85  
Potatoes, green beans, lettuce, cherry tomato, caper mayonnaise, rare seared ahi tuna

**Cold Smoked Salmon** 75  
Crème fraiche, capers, red onions and crostini

**Individual Cold Mezzeh** 38  
Choice of hummus, moutabel, babaghanouj or fattoush

**Individual Hot Mezzeh** 38  
Choice of kebbah (N), spinach fatayer, cheese sambousek or falafel

## SOUPS

**Shorbat Addas (V)** 48  
Arabic yellow lentil soup, lemon wedges, flatbread croutons

**Harrira Soup** 48  
Moroccan lamb soup with vermicelli and lentils

**Chicken Noodle Soup** 48  
Chicken broth, vegetables and noodles

**French Onion Soup** 48  
Cheese croute

## CHOOSE YOUR OWN GRILL

Selections are served with asparagus and tomato confit, choose one item from each category and have our chefs delight you.

**Australian Lamb Cutlets** 160  
**Tenderloin Steak** 210  
**Sirloin Steak** 190  
**Chicken Breast** 145  
**King Prawns** 175  
**Sea Bass** 160  
**Norwegian Salmon Fillet** 160

## Side Dishes

French fries, potato puree, potato gratin, grilled mushrooms, mixed salad

## Sauce

Veal sauce, pepper, béarnaise, lemon herb, garlic butter

## PASTA

**Spaghetti or Penne** 85  
Your choice of Bolognese, tomato, arrabiata, rosé or cream sauce

**Healthy Whole Wheat Penne Pasta** 85  
Broccoli, tomato, garlic, olive oil, chili flakes

**Seafood Spaghetti** 115  
Mixed seafood in rosé sauce

## PIZZA

**Margherita** 85  
Fresh tomato, mozzarella, basil

**Quattro Stagioni** 90  
Mushroom, artichoke, pepperoni, tomato, basil

**Pepperoni** 90  
Beef pepperoni, mozzarella, tomato sauce

**Prawns (S)** 95  
Mozzarella, parsley, pink peppercorn

## INTERNATIONAL MAINS

**Fish & Chips** 115  
Rémoulade sauce and smashed peas with malt vinegar

**Arabic Mixed Grill (N)** 175  
Shish taouk, shish kebab, lamb kofta, lamb arayes, lamb cutlet, vermicelli rice

**Seafood Mixed Grill (N) (S)** 205  
Prawn, half Canadian lobster tail, sherry fish, calamari, sayadieh rice

**Kung Pao Chicken (N)** 105  
With red chilli, cashewnuts and jasmine rice

**Stir Fried Sweet and sour**  
With pineapple, bell peppers and jasmine Rice  
**Prawns (N)** 115  
**Chicken** 105

**Nasi Goreng (S)(N)** 110  
Indonesian stir fried rice with chicken and shrimp, prawn crackers, condiments

## DESSERTS

**Carrot Cake** 55  
Carrot sponge, cream cheese frosting

**Baked Blueberry Cheese Cake** 55

**Tiramisu** 55  
Mascarpone cream, lady finger, biscuit espresso coffee

**Baked Umm Ali (N)** 55  
With mixed nut topping

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جميع الأسعار بالدرهم وتشمل 7٪ رسوم البلدية و 10٪ رسوم الخدمة و 5٪ ضريبة القيمة المضافة