



ZARA
spa

Experience the higher form of wellbeing at the
lowest point on earth.

MÖVENPICK
RESORT & SPA DEAD-SEA



The Zara Spa Experience is complimentary when you book any of our treatments with a minimum value of JD 100 per day/person.

Zara Spa Experience includes unlimited use of the Hydrotherapy pool, Dead Sea pool, Infinity pool, Caldarium, Laconium, Tropical showers, indoor & outdoor relaxation areas, & the fitness center.

Zara Spa Facilities & Treatments are available for guests above 18 years old.

Please note that the rates are subject to change based on seasonality.

All prices are inclusive of tax and service charge.

Cancellation policy:

Please allow 24 hours for cancellation, to avoid 50% charge.

TOUCHES BY ZARA

ON THE BANK OF THE DEAD SEA

75 min | 115 JD
100 mins | 160 JD

Spoil yourself from head to toe with legendary “On the Bank of The Dead Sea” body treatment. Commence this unique retreat with a Dead Sea Body Scrub to gently cleanse the skin and restore radiance and softness. Delight in a rejuvenating Richness mineral in Dead Sea Mud wrap and let go of all tension with a 30 or 60 min signature Zara Spa Massage.

ZARA SIGNATURE ORIENTAL MASSAGE DESIGNED FOR YOU

50 min | 95 JD
75 mins | 125 JD

Indulge in an exclusive spa journey, designed to suit your needs and mood. Highlight the areas you wish to focus on, or the benefits you would like to receive, then let us tailor the perfect treatment for you.

HEAVENLY 4 HAND MASSAGE

50 min | 160 JD
75 min | 200 JD

Let tension melt away with a heavenly four-hand massage performed by two expert therapists using Bali, Hawaiian Lomi and pressure point techniques. in rhythmic tandem to alleviate stress.

AFTER SUN BY ZARA

50 min | 90 JD

Soothe, nourish and repair the skin with this deeply cooling and hydrating treatment. Ideal for dry, sun exposed or damaged skin, this calming face and body therapy includes a localized application of hydration mask enriched with aloe Vera to reduce redness, while its antioxidant properties help fight free radical damage.

ZARA HEALING MUD FACIAL

50 min | 85 JD
65 min | 90 JD

Zara signature healing mud facial treatment will leave your skin clean, exfoliated, smooth and full of energy. Steam treatment is optional for deep cleansing treatment.

All prices are inclusive of 7% Sales tax and 10% service charge.
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HAMMAM TREATMENTS

Hamмам Ritual with 30 min Local Massage	120 JD
Hamмам Ritual with 50 min Full Body Massage	155 JD

TRADITIONAL TURKISH HAMMAM 45 min | 70 JD

Hammam is quite an important part of Anatolian culture. It was appeared in the stage of history six thousand years ago and then became a cultural component of most of the civilizations of which are mentioned in history. This special treatment and atmosphere are often referred to as the "Turkish Bath".

A traditional Turkish Bath with pouch exfoliation and foam washing, that cleans pores of the skin from impurities and dead cells.

ZARA SIGNATURE HAMMAM TREATMENT 60 min | 90 JD

Pamper yourself in pure Arabian traditions.

Step in the private Moroccan Hammam world and begin by immersing the body with the traditional black olive soap and steam to allow clear your senses. Following this step, our therapist scrubs your full body using a kesse mitt to sweep away dead skin cells.

Close your eyes and enjoy the last touch of nutrients from the Rhassoul mask to revive your skin and hair.

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MASSAGES

SWEDISH MASSAGE

50 min | 85 JD
75 min | 115 JD

European-inspired full body massage uses a combination of long, firm, kneading and circular strokes to improve circulation, relaxing massage experience. Ideal for first-time spa visitors.

AROMATHERAPY MASSAGE

50 min | 90 JD
75 min | 120 JD

Ideal for everyone who is seeking for a deep sense of calm throughout body and mind. Allow our therapists to work their magic and ease tension in your muscles with this deeply penetrating results-oriented massage. The inclusion of stress alleviating elixirs is used to ensure the effective penetration of the powerful essential oils.

BALINESE MASSAGE

50 min | 90 JD
75 min | 120 JD

A unique massage from the island of Bali, in this authentic massage your therapist uses a traditional floral oil together with palm pressure & smooth strokes stimulate energy flow bring about balance in the body.

DEEP TISSUE MASSAGE

30 min | 55 JD
50 min | 95 JD
75 min | 125 JD

A powerful massage designed to relieve deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern to release common discomforts such as stiff neck, lower back pain and sore, tight shoulders.

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MASSAGES

HOT STONE MASSAGE

50 min | 90 JD

75 min | 120 JD

Heated volcanic stones placed on the bio-active points chakra. Warmth of the stones penetrates the muscles. Massage with stones relaxes, opens the chakras, clears negative energy, refreshes the mind and body energy.

SHIATSU MASSAGE

50 min | 90 JD

75 min | 120 JD

Using fingers, palms, and elbows, the massage therapist applies pressure to the specific pressure points and works on relieving pain and restoring balance to the body. By moving across the body's surface to the joints and limbs, the aim is to promote healing and remove any pain that the client is feeling.

ANTI-CELLULITE MASSAGE

50 min | 95 JD

Anti-cellulite massage technique applied on the problem areas of the abdomen, buttocks and thighs, and is based on the warming of the inner layers of the skin, which leads to increased blood flow in the cells with lymph drainage technique, the breakdown of fat, and as a consequence, the disappearance of the orange peel. Normalizes the work of inter-cellular fluid and fills the cells with oxygen.

MOTHER TO BE MASSAGE

50 min | 90 JD

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Woman in their second and third trimester benefit from this gentle relief that reduce swelling and improves circulation.

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BODY TREATMENTS

NATURAL DEAD SEA SALT SCRUB

25 min | 55 JD

Full body exfoliation leaves the skin feeling brand new. These famous salt granules provide skin preparation for your next treatment.

NATURAL DEAD SEA RELAXING MUD WRAP

50 min | 75 JD

Indulge in a unique spa body treatment enriched with vitamins and immune-boosting minerals to uplift your spirit and senses. Dead Sea Relaxing Mud wrap fuses the skin with all the minerals found in the mud.

SERENITY DRY FLOTATION MUD WRAP

50 min | 90 JD

Lay back and float into a state of serenity. Be enveloped in creamy mud enriched with Dead Sea minerals in our warm flotation bed that is designed to gently alleviate aching muscles and joints. This purifying wrap acts to stimulate the lymphatic system, promotes body detoxification and leave the skin fresh with silky touch.

EXCEPTIONAL MUD TREATMENT

65 min | 115 JD

This ultimate Dead Sea Mud Wrap provides a draining, decongesting action. It includes a mud facial with natural vitamins and minerals from the Dead Sea followed by a revitalizing scalp massage that helps ease the mind, soothe tension and headaches.

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ZARA TOUCH BY THALGO

THALGO Cocooning Express Soothing Care

30 min | 60 JD

50 min | 80 JD

Cocooning express soothing treatment is deeply repairing. Enriched with micro-encapsulated Borage Oil, it infuses fatty acids (Omega-6) drop by drop into the skin, helping to soothe all feelings of discomfort and offering guaranteed comfort for 24 hours, to replenish, repair and soothe sensations of tingling, overheating and diffuse redness.

THALGO Purifying & Balancing

50 min | 85 JD

65 min | 95 JD

This very powerful intensive treatment moderates seborrhea, restores the quality of sebum, reduces skin thickness and unclogs pores. Fresh and matte, the skin looks flawless.(For Combination & Oily Skin Types)

THALGO Hyalu - PRO Collagen Ritual

65 min |120 JD

Wrinkle to wrinkle treatment combining hyaluronic acid & marine pro-collagen using Roller Boosters, for visible effectiveness, from the very 1st treatment. Instantly, the face looks younger, as if relaxed, and even pronounced wrinkles appear smoothed. (Who wish to specifically target their wrinkles + 30)

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ZARA TOUCH BY THALGO

THALGO Silicium Super Lift Facial

75 min | 140 JD

Thanks to the remarkable power of THALGO Marine Silicium, this treatment has an exquisite texture that restores the skin's natural firmness, elasticity (with a significant 32% improvement*) and toned appearance, while offering a smoothing effect on deep wrinkles. Silicium Super Lift Facial has a proven lifting effect on 100% of women*, and it effectively combats deep wrinkles and fine lines while instantly brightening the face.

THALGO Slim & Sculpt Expert

110 min | 150 JD

New and advanced anti cellulite and firming treatment by Offering concentrated performance and effectiveness, this made-to-measure, zone-to-zone, professional slimming treatment combines Thalgo cosmetic expertise with patented Body Palp technology (exclusive instrumental rolling method). An ultra-exfoliating peel and a highly active hot/cold-effect double body wrap is combined with Body Palp to visibly re-sculpt the figure, smooth cellulite and firm and tone the skin.

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Halo Therapy

30 JD

Halotherapy relies on a basic mineral, pure sodium chloride, commonly known as salt, to stimulate the body's internal processes for cleansing the respiratory tract and strengthening lung function. Halotherapy, or salt therapy, involves breathing in air with tiny salt particles to improve your breathing. Halotherapy is considered an alternative treatment for lung problems such as asthma, bronchitis, and cough.

Vitality Booth – Salt & Red Light Combination

30 JD

This revolutionary new halo generator delivers salt therapy with the highest efficacy by creating the smallest sized salt particles. Red light is absorbed by the skin, boosting collagen production & aiding skin conditions. Near Infrared penetrates deeper aiding muscle recovery, cellular renewal and joint pain.

Private Dead Sea Capsule Experience

30 JD

Float therapy is a type of therapy that is done in a sensory deprivation tank, designed to reduce external stimuli to improve well-being. The water in a sensory deprivation tank is heated to skin temperature and nearly saturated with magnesium sulfate, providing buoyancy so you float more easily. You enter the tank nude and are cut off from all outside stimulation, including sound, sight, and gravity when the tank's lid or door is closed.

As you float weightless in the silence and darkness, the brain is supposed to enter a deeply relaxed state. Sensory deprivation tank therapy is said to produce several effects on the brain, ranging from hallucinations to enhanced creativity.

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PACKAGES

WELCOME TREAT

120 JD

Full Body Salt Scrub
Swedish Massage

ANTI-STRESS

190 JD

Halo Therapy
Traditional Turkish Peeling & Foam Massage
Aromatherapy Massage
Mini Facial

GET READY FOR SUMMER

210 JD

Refreshing Full Body Scrub.
Anti – Cellulite Massage
Firming Mud Wrap.
Vitality Booth – Salt & Red-Light Therapy

DEAD SEA SPA JOURNEY

250 JD

Natural Dead Sea Salt Scrub
Dead Sea Full Body Mud Wrap
Dead Sea Healing Mud Facial.
Zara Spa Signature Massage
Private Dead Sea Floating Capsule Experience

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ZARA SPA EXPERIENCE FOR COUPLES

COUPLE MESSAGES

75 min | 199 JD

A couples massage is a unique bonding experience, and it allows you both to experience extreme relaxation at the same time. This can help you feel more connected. A couples massage is a relaxing, enjoyable, and soothing activity that you and your companion can experience together!

The Royal Suite will give you an unforgettable experience!

EXFOLIATION WITH FULL BODY MASSAGE

140 min | 350 JD

Embark on a journey of romance at Zara Spa.

An intimate ritual with a fusion of treatments to uplift your mind, body, and senses. Commence your journey with the Zara Signature Hammam Treatment leaving the skin radiant and soft.

Fall into deep a relaxation with a Zara style massage under heated aroma oils and cheer your loved one with sweet treats by Zara Spa.

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BEAUTY SALON SERVICES

Hands and Feet - Keep your nails looking and feeling fabulous year round.

Manicure	45 min 50 JD
Pedicure	50 min 60 JD
Nail Polish Change	20 min 15 JD
Manicure & Pedicure/Nail Polish	1 hour & 30 min 100 JD

Finishing Touches

Full Leg	35 JD
Half Leg	25 JD
Bikini Line	25 JD
Full Arm	32 JD
Under Arm	15 JD
Eyebrows	18 JD

Hair Salon Services

Hair Wash & Blow Dry	25/30 JD
Hair Cut	20 JD/35 JD
Hair Up Style	40 JD / 55 JD
Curling	35 JD
Highlights	40 JD / 75 JD
Coloring	50 JD / 65 JD
Hair Cut for Men	20 JD
Hair cut for Kids (Under 12 years)	10 JD
Deep Conditioning Treatment	25 JD / 45 JD

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Zara Spa Etiquette

Zara Spa area is allocated for total relaxation and noise free. For the courtesy to other guests please refrain from speaking on the phone around treatment areas and relaxation lounge. During your experience at Zara Spa, please keep your mobile on silent mode or vibration.

For courtesy of others and maintaining the mood of harmony and peace at the Zara Spa if you wish to listen to music please use your personal head phones. No speakers or other sort of music playing instrument is allowed around Zara Spa facilities.

Treatments At The Zara Spa:

All treatments at the Zara Spa are provided by professional therapists following international standards. No treatments are conducted for medical results or by medical doctors.

If you have a treatment at the Zara spa, we recommend arriving 30 minutes before your treatment.

This time could be used to fill health consultation forms, allowing you to change your clothes and use facilities before your treatment.

You can also enjoy a cup of tea or a glass of water that will help your body and your blood circulation to be at the right level for the treatment.

Waiting lounge is where you will meet your therapist to take you to the treatment.

Disposable underwear is provided to you in the treatment room.

Zara Spa Opening Hours

Every day between 08:30 am – 08:30 pm

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