





# Bakery Menu


## Healthy Choice Sandwiches

Super Green Brown Paper Rolls   THB 120.-  
*Mixed Sprouts | Avocado | Cucumber | Brown Rice Paper*

Smoked Salmon on Seeded Bagel  THB 180.-  
*Horseradish Spread | Capers | Quick Pickled Red Onion*





## Sinner Sandwiches

Free-Range Chicken  THB 150.-  
*Avocado | Rosemary Focaccia*

Black Forest Ham and Cheese THB 160.-  
*Swiss Gruyere Cheese | Dijon Mustard | Mixed Seed Sourdough*  
Choice of Bread : Gluten Free Bread  Dairy Free Bread 


## Salads

New Caesars Salad   THB 150.-  
*Cos | Kale | Sundried Tomatoes | Oat Croutons | Aged Parmesan*

Organic Pomelo And Quinoa Salad     THB 160.-  
*Mixed quinoa | Pomelo | Leaves and Herbs | Ginger and Lime Dressing*


## Cakes I Pastries

Dark Chocolate Brownie   THB 160.-  
*Dark Chocolate 72% | Cashew Nut*

Toffee Cake  THB 160.-  
*Coffee | Macadamia | Caramel*


Blueberry Cheesecake THB 180.-  
*Blueberry Compote | Cheese Mousse | Sweet Dough*

Signature Carrot Cake  THB 190.-  
*Carrot | Cream cheese | Flourless Cake*


Mixed Nuts Caramel Chocolate Tart  THB 190.-  
*Dark Chocolate Ganache | Chocolate Shortbread Tart*

Tiramisu "Coffee Bean" THB 180.-  
*Vanilla Lady Finger | Amaretto Coffee Syrup | Mascarpone Mousse*

## Bakery Selections

Sausage Roll THB 120.-  
Classic Sourdough Loaf THB 180.-  
Mixed Seed Sourdough Loaf  THB 220.-


## Muffin

Blueberry & Oat 'Gluten free' THB 80.-  
Chocolate & Banana  THB 80.-

## Croissant

Butter THB 90.-  
Almond THB 100.-

## Cookies

Apricot & Pistachio 'Gluten free' THB 80.-  
Chocolate Chip  THB 70.-

## Macarons

Coconut and Lime THB 30.-  
Pistachio THB 30.-  
Mango Jasmine THB 30.-  
Taro THB 30.-  
Mulberry THB 30.-  
Thai Tea THB 30.-  
Salted Caramel THB 40.-

 Vegetarian  Vegan  Contains nuts  Dairy-free  
 Wheat-free  Contains chili  Weight loss  Anti-ageing  
 Heart health  Brain health  Bone health  Detox





All prices are subject to 7% VAT and 10% service charge.  
Takeaway items are only subject to 7% VAT.


Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions





# Dining Menu





**MÖVENPICK**  
BDMS WELLNESS RESORT  
BANGKOK





GO HEALTHY





**Organic free-range chicken satay**     **220.-**  
(370-390 kcal)





**Brown rice paper rolls with shrimps, sesame soy dip**  **220.-**  
(165-185 kcal)





**Asian inspired Cobb salad** (220-240 kcal)     **290.-**  
Grilled chicken, sprouts, cherry tomatoes, mesclun, quail eggs, avocado.


**Roasted tomato & pepper soup**     **220.-**  
(220-240 kcal)  
Served with basil croutons & chia.

**Red miso ramen with mushrooms & zucchini noodles**     **240.-**  
(250-270 kcal)



**Lemongrass, basil & mint chicken breast, steamed broccolini & roasted cherry tomatoes**     **350.-**  
(360-380 kcal)


**Stir-fried tofu, chili & hot basil, steamed riceberry**     **280.-**  
(490-510 kcal)


**Sweet potato & chicken massaman curry, steamed riceberry**     **300.-**  
(580-590 kcal)

**Veggie burger** (510-530 kcal)  **350.-**  
Sweet potato chickpea patty, lettuce, tomatoes, cucumber, & ruby kraut. Served with turmeric veganaise & sweet potato fries.

## The Main Meals



**Angus grass-fed rib-eye steak** (510-530 kcal)   **750.-**  
Served with herb and garlic roasted potatoes, carrots & asparagus, pepper jus.



**Baked wild salmon 'n chips** (450-470 kcal)  **570.-**  
Baked with herb crumbs, capers and herb remoulade.  
Served with minted mashed peas & sweet potato fries.





**Zurich-style veal** (610-630 kcal)  **680.-**  
Sliced veal served with mushrooms, cream sauce & Rösti.



**Pasta your way**   **380.-**  
Your choice of:   
• gluten free spaghetti    • gluten free penne  
• regular fettucini        • regular rigatoni  
With your favourite sauce:  
• Slow cooked tomato sauce (270-290 kcal)  
• Lean slow cooked Bolognese and aged parmesan (440-460 kcal)




## Thai Favourites - Mövenpick Style




**Tod Mun Pla** (180-200 kcal)   **190.-**  
Mildly spicy homemade Thai fishcakes served with cucumber, chili plum sauce.




**Sai Grog Esarn** (460-480 kcal)   **190.-**  
Cured Thai sausage skewers served with lettuce slaw, ginger & bird's eye chili.




**Som Tum Gai Yang** (220-240 kcal)     **250.-**  
Thai style grilled chicken & spicy papaya salad.




**Yum Woonsen Talay** (240-260 kcal)   **290.-**  
Spicy seafood salad with glass noodles.




**Khao Ka-prow Moo** (460-480 kcal)    **250.-**  
Spicy minced pork with holy basil, chili.  
Served with fried egg & steamed jasmine rice.

**Khao Pad Sapparot Gai** (360-380 kcal)    **290.-**  
Curry spiced fried rice with chicken, pineapple, raisins & cashew nuts.

**Phad Thai Goong** (250-270 kcal)    **350.-**  
Stir-fried rice noodles & shrimp, bean sprouts & eggs.



**Gaeng Kiao Waan Gai** (350-370 kcal)    **290.-**  
Spicy Thai chicken green curry served with steamed jasmine rice.



**Gaeng Phed** (410-430 kcal)    **350.-**  
Spicy Thai red curry (chicken, pork or shrimp) served with steamed jasmine rice.


**Tom Yum Goong** (290-310 kcal)    **320.-**  
Spicy Thai soup with shrimps served with steamed jasmine rice.

**Tom Kha Gai** (290-310 kcal)    **290.-**  
Mildly spicy Thai soup with chicken served with jasmine rice.

## Buns and Breads

**Bacon cheese burger** (650-660 kcal)   **490.-**  
100% grass-fed beef patty, grilled onions, cheddar cheese, applewood smoked bacon, beef tomatoes, celeriac slaw, homemade potato bun. Served with French fries.

**Signature club sandwich** (380-400 kcal)   **370.-**  
Wholewheat toast, chicken breast, bacon, fried egg & iceberg lettuce.

**Croque Monsieur** (425-435 kcal)  **320.-**  
Ham, Swiss Gruyère cheese & mustard, served with mesclun salad.

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# Signature Afternoon Tea Set

Available daily from 2:00 pm- 5:00 pm

## The Savories

### Cucumber & Crab Sandwiches

Wasabi mayonnaise

### Wild Smoked Salmon Sandwiches

Horseradish cream, pickled radish & cress

### Chicken & Pomelo Slaw Tarts

Thai-style tarts with organic chicken & pomelo

### Dried Fig & Brie Tartines

Open-faced sandwiches

### Super Green Rice Paper Rolls

Served with spicy sauce

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## The Sweets

### Raspberry Choux

### Apple Tartine

### 72% Chocolate Beetroot Cupcakes with Ricotta Maple Frosting

### Fruit Tarts

### Chocolate Pralines & Macarons

### Thai Dessert Selection


### Signature & Raisin Scones

Served with Mövenpick jams & clotted cream


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### A selection of Ronnefeldt Teas / Coffee drinks


THB 1,200++ / set for two Persons


 Vegetarian


 Vegan

 Contains nuts


 Dairy-free


 Wheat-free


 Contains chili

 Weight loss

 Anti-ageing

 Heart health

 Brain health

 Bone health

 Detox

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## Beverage Menu

### Coffee

Single Espresso	THB 70.-
Double Espresso	THB 100.-
Espresso Macchiato	THB 110.-
Americano	THB 120.-
Cappuccino	THB 140.-
Cafe Latte	THB 150.-
Mocha	THB 150.-

#### Choice of Milk:

Fresh Milk / Low-Fat Milk / Soya Milk

#### Special Milk:

Almond Milk / Pistachio Milk (Add THB 50)

### Tea

Ronnefeldt Tea Selections	THB 160.-
Thai Tea	THB 100.-

### Craft Rim Klong Concoctions

Iced Espresso Green Tea	THB 140.-
Iced Chocolate Green Tea	THB 140.-

### Craft Specialty Coffee

Orange Americano	THB 150.-
Coconut Americano	THB 190.-
Butterfly Pea Latte	THB 190.-
Ginger Latte	THB 150.-
Mixed Berry Latte	THB 180.-
Mint Latte	THB 180.-

### Specialty Iced Tea

Two Toned Tea	THB 180.-
Green Tea Frappe	THB 140.-
Iced Pink White Chocolate	THB 140.-

### Fresh Pressed Juice Selections THB 175.-

Orange / Watermelon / Apple / Whole Young Coconut

### Our Fresh Pressed Craft Juices THB 180.-

Enzyme Cooler

(100-120 calories) Pineapple / Ginger / Mint / Lemon

Glow Gorgeous

(90-110 calories) Celery / Kale / Spinach / Lime / Apple

Better Than Botox

(90-110 calories) Strawberry / Red Bell Pepper / Apple / Lime / Cayenne / Chia

Golden Skin

(130-150 calories) Mango / Carrot / Coconut Water / Golden Flax Seeds Oil

Citrus Paradise

(80-100 calories) Grapefruit / Orange / Lemon / Passion Fruit

### Our Craft Smoothie Creations THB 290.-

Sun Salutation

(110-130 calories) Banana / Mango / Yellow Apple / Bee Pollen / Golden Flax

Youth Potion

(90-110 calories) Pineapple / Kiwi / Blueberries / Dates

Summer Breeze

(70-90 calories) Watermelon / Strawberry / Tomato / Thai Basil

Walk in The Park

(90-110 calories) Avocado / Spinach / Almond Milk / Dates

Mellow Yellow

(110-130 calories) Banana / Mango Juice / Pineapple Juice / Fat Free Yogurt / Soy Milk

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