



The Bay

Heritage Flavours, Locally Inspired

THE BAY

Mercure Cardiff North Hotel and The Bay restaurant takes its inspiration from the historic docklands district Tiger Bay and the key role it played in the export of coal, iron and tin from South Wales during the industrial revolution.

The design throughout the hotel features copper aesthetic lining inspired by the Millennium Centre façade in Cardiff Bay, while curated display items include Welsh love spoons, miners' hats and welsh textiles.

Stay your way and we'll do the rest.

If you suffer from a food-related allergy or intolerance, please let us know.
Allergen information for this menu is available on request.
Foods described in this menu may contain nuts or derivatives of nuts.
All prices in GBP include VAT and service.
Please note that all items are available for room service delivery:
a £5 tray charge will be added to your bill.

GB Traditional British dishes V Suitable for vegetarians K Kids eat half price
V+ Suitable for vegans GF Gluten-free 24/7 Available all day and night

STARTERS (24/7)

Soup of the Day (V) <i>Sourdough bread</i>	£6.50
Loaded Nachos (V) <i>Guacamole, sour cream, salsa & cheese</i>	£7.95
<i>add pulled pork</i>	£3.00
<i>add beef chilli</i>	£2.00
Salt & Pepper Calamari (GF) <i>Garlic mayo</i>	£8.45
Bourbon BBQ/Siracha/Plain Chicken Wings <i>Ranch dressing</i>	£7.95

SANDWICHES

We use ciabatta bread for all our sandwiches and
gluten free bread is available on request

Only available from 12am-4pm

Avocado & Caramelized Chilli Onion Chutney Sandwich (V+) <i>Ciabatta, caramelised chilli onion chutney, gherkins, lettuce, tomato, toasted seeds & fries</i>	£9.95
Red Onion on Toast (V) <i>Ciabatta, red onion chutney, coleslaw & fries</i>	£9.95
Fish Finger Sandwich <i>Ciabatta, tartar sauce, lettuce, tomato, coleslaw & fries</i>	£9.95
Chicken Tender Sandwich <i>Ciabatta, garlic aioli, lettuce, bacon & fries</i>	£9.95
Caesar salad (V) <i>Cos lettuce, tomato, boiled egg, garlic croutons, caesar dressing, parmesan cheese</i>	£11.00
<i>grilled chicken breast</i>	£4.00
<i>grilled haloumi</i>	£4.00
<i>grilled salmon</i>	£5.00

FAVOURITES (24/7)

Margherita Pizza (V) <i>Basil, tomato & mozzarella</i>	£13.95
Picante Pizza <i>Basil, tomato & mozzarella, chorizo, pepperoni, chilli flakes & jalapeno</i>	£15.95
Falafel, Spinach, Halloumi & Mushroom Burger (V) <i>Brioche bun, baby gem, tomato, onion, gherkins, fries</i>	£14.95
Cajun Chicken Burger <i>Brioche bun, baby gem, tomato, onion, gherkins, fries</i>	£14.95
Cardiff Bay <i>Brioche bun, baby gem, tomato, onion, gherkins, bacon, cheese, BBQ sauce & fries</i>	£14.95
Fish & Chips (GB, K) <i>Beer battered fish, mushy peas, tartar sauce, lemon</i>	£14.95
Chicken Tikka Masala (GB, K) <i>Basmati rice, garlic naan, mango chutney, poppadum pops</i>	£14.95

DESSERT (24/7)

Chocolate Brownie (GF, GB, V, K) <i>Rum & raisin ice cream</i>	£6.95
Sticky Toffee Pudding (GB, V) <i>Honey comb ice cream</i>	£6.95
Choice of Ice Cream (V) <i>Vanilla, chocolate, strawberry, coconut sorbet, rum & raisin, honeycomb, salted caramel</i> 3 scoops	£6.95