BREAK THE FAST AT PLUMERIA

AED

Our eggs are prepared with free range organic eggs only (07:00-12:00)

CHOICE OF 2 EGGS (E)(D) — 55
Sunny side up, poached or scrambled garden greens, grilled sour dough

BAKED EGG WITH HALLOUMI (E)(D) — 60
Fried egg sunny side up or well done, garden green, brown toast

CLASSIC AVOCADO ON TOAST (VG) — 65
Hass avocado, sourdough toast, garden greens

WHIPPED EGG WHITES (E)(D) — 75
Tomato, mushroom asparagus omelette, crushed avocado on toast

TOFU BHURJI (V) — 50
Baked beans, mushrooms, quinoa cake

KETO FRIENDLY HALLOUMI BOWL (D)(E) — 70
Sauté spinach & mushroom, halloumi, poached egg, avocado

CLASSIC EGG BENEDICT (E) (D) — 55
Turkey ham, poached eggs, hollandaise sauce on sour dough bread

PORRIDGE (V) — 30
Cinnamon, brown sugar, honey

GRAB AND GO BREAKFAST SANDWICH

SMOKED SALMON CROISSANT (D) — 45
Lemon crushed avocado, ripe tomatoes, dill smoked salmon, herb cream cheese, cress

JAMAICAN JERK TOFU WRAP (V) (D) — 35
Black beans, tomatoes, cilantro leaves, sweet potatoes, sweet peppers, whole wheat tortilla

FETA CHICKEN SANDWICH (S) (E) (D) — 35
Oriental grilled chicken, greek feta, tomatoes, confit peppers, rocca leaves, sunflower seed bread

HEALTHY GRANOLA BREAKFAST POTS

RED BERRY YOGHURT GRANOLA POTS (D) (N) — 20

BLACKBERRY AND PAPAYA (D) (N) — 20

SUPER FOOD BOWLS

ACAI NUTTER (VG) (N) — 35
Acai, almond milk, banana, raw cacao nibs, almond butter, strawberry, blueberry, coconut chips, roasted pistachio and chia seeds

PITAYA BOWL (VG) — 35
Pink dragon fruit, banana, mango, kiwi, blackberry, coconut milk and shaving

GREEN GOODNESS BOWL (N) (D) — 35
Spinach, banana, pineapple, lime juice, mint, coconut water, topped with twice baked granola, seasonal fruit

OAT CHIA KIWI BOWL (VG) (N) — 35
Oat meal and chia seeds in cinnamon almond milk, topped with strawberries, banana, granola, dates and shredded coconut

MUESLI TO GO

Served with a choice of natural yoghurt, low fat yogurt, skim milk, soy milk

COUNTRY CRISP RASPBERRY JORDEN'S (N) — 25

CRUNCHY TROPICAL FRUITS JORDAN'S (N) — 25

CRUNCHY RAISINS AND ALMONDS JORDAN'S (N) — 25

MUESLI FRUIT AND NUT JORDAN'S (N) — 25

HIGH FIBER DORSET (N) — 25
Fruit, nuts and seeds dorset

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SELECTION OF GREEK YOGHURT POTS

	AED
CHOICE OF FLAVOR: PLAIN I BLUEBERRY I STRAWBERRY (D) I PEACH I POMEGRANATE (D)	20

PASTRIES

BUTTER CROISSANT (D)	15
CHOCOLATE CROISSANT (D)	15
ZAATAR CROISSANT (D) (SE)	15
ALMOND CROISSANT (D) (N)	15
BLUEBERRY BANANA CAKE SLICE	15
EXOTIC SLICE FRUIT PLATTER (VG) Rock melon, honey melon, watermelon, pineapple, strawberry, dragon fruit	55
FRUITS POTS (VG) Mixed berries	40

SALADS

Healthy crafted salads using the freshest ingredients

NUTTY CHICKEN AND DUKKHA SALAD (S) (D) (N) Herb pulled chicken, roasted carrots, dried cranberry, edamame beans, cherry tomato, celery stick, radish, persian feta, raspberry vinaigrette	50
CRUNCHY THAI CHICKEN GREEN MANGO SALAD Asian greens, cucumber, sprouts, cabbage, carrots, lemongrass sweet chili dressing	50
VEGAN KALE NICOISE SALAD (VG) (SE) Avocado, lemon garlic roasted chickpeas, marinated grape tomatoes, confit pepper, grilled asparagus, artichoke, radicchio, herb lemon vinaigrette	50
FIESTA LIME MEXICAN PRAWN SALAD Cumin roasted corn, black bean salsa, pimento pepper, cilantro, avocado, chipotle vinaigrette	55
FABULOUS FREEKEH BEEF POMEGRANATE SALAD Kale, mixed greens, freekeh, goat cheese, dried figs, toasted almonds, shredded beetroots, pomegranate seeds, cilantro cumin dressing	50
HARISSA GRILLED CHICKEN SALAD (D)(N) (E) Parsley butter beans, green beans, grape tomatoes, pomelo fruits, radish, red onions, creamy yoghurt herb dressing	50

SANDWICH BAR

Hand crafted sandwich pressed on the grill

CORONATION CHICKEN SANDWICH (D) (N) (E) Pulled chicken, mango tomato relish, curry mayo, nigella seeds, celery, dried apricot, pepper jack cheese, watercress, multi seed bread	50
GREEN PIRI PIRI BEEF SANDWICH Beef steak, green piri- piri sauce, rocket leaves, sauteed bell pepper, asparagus, cheddar cheese, tortilla wrap	55
TURKEY MUFFALETTA SANDWICH Shaved turkey ham slice, mortadella, fontina cheese, pimento pepper olive spread, asian greens, roasted sweet peppers, rustic bread	50
ZESTY GREEK FETA SANDWICH (V) Crumbled zesty greek feta, pepperoncini, romaine, red cabbage, tomato, onion, green pepper, cucumber tzatziki, whole-wheat ciabatta	50
HI PROTEIN- FIBER SANDWICH Chermoula roast salmon, cream cheese, thin cucumber slice, crushed lemon avocado, pickled onions, fresh chives, dill leaves, rye bread	50
VEGAN ROMESCO GRILLED ARTICHOKE SANDWICH (VG) Edamame beans, semi-dried tomato, confit peppers, basil leaves, balsamic onion and on herb focaccia	50

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BUILD YOUR OWN MEAL

	AED
CHOOSE YOUR MEAT AND SEAFOOD	
Weight shown is the item raw weight	
125GR GRILLED CHICKEN BREAST	35
100GR GARLIC PRAWN	45
190GR SALMON STEAK	65
100GR TUNA SAKU STEAK	45
120GR LAMB KOFTA KEBAB	50
ADD ON	
50GR STEAMED BROCCOLI	15
50GR STEAMED GREEN BEANS	15
50GR STEAMED EDAMAME BEANS	20
50GR BAKED SWEET POTATO	20
50GR BAKED BEETROOT	15
HALF AVOCADO (65 G)	25

PREPARED TO ORDER FROM NOMAD KITCHEN

CITRUS BAKED SALMON Fennel puree, niçoise vegetables, caper olives salsa	125
ROSEMARY CHICKEN (N) Quinoa cake, romesco, avocado tartar, petite greens	90
PLUMERIA CHEESEBURGER Beef patty, cheddar cheese, tomato relish, multi cereal bun	85
SMASHED AVOCADO CHICKEN BURGER Grilled chicken breast, smashed avocado, tomato relish, multi cereal bun	75
CHICKEN PROTEIN WRAP Oriental spiced chicken, avocado, tomato, lettuce	70
PLUMERIA SUB Chicken breast, turkey ham, egg, mustard mayonnaise, lettuce, tomato, malted grain bread	70
TERIYAKI SALMON WRAP Pickle ginger, chukka wakame, crushed avocado, lettuce, wholewheat tortilla	75
LAMB KOFTA WRAP Mutable, sumac onions, arabic pickle, wholewheat tortilla	75
QUINOA CAKE (V) Romesco, avocado tartare, herb salad	70

SMALL PLATES & BOWLS

Creamed spinach	30
Mashed potato	30
Garden salad	30
Quinoa tabouleh	30
Vegan niçoise	30
Tomatoes sumac onions	30
Asian coleslaw	30

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